

JANUARY 2025

RCSD Middle School Breakfast Menu

RCSD is an equal opportunity employer. Menu Items subject to change at any time.

Monday

Tuesday

Wednesday

Thursday

Friday



		<p>1</p> <p>New Year's Day (All facilities closed)</p>	<p>2</p> <p>RECESS</p>	<p>3</p> <p>RECESS</p>
<p>6</p> <p>Banana Chocolate Chip Bar</p>	<p>7</p> <p>Maple Waffle w/Chicken Sausage Sandwich</p>	<p>8</p> <p>Turkey Ham, Sausage, Cheese & Egg Breakfast Flatbread</p>	<p>9</p> <p>French Toast Sticks</p>	<p>10</p> <p>Ultimate Breakfast Round</p>
<p>13</p> <p>Apple Benefit Bar</p>	<p>14</p> <p>Breakfast Pizza</p>	<p>15</p> <p>Breakfast Burrito Egg, Sausage, Potato & Cheese</p>	<p>16</p> <p>Eggo Froot Loop Waffles</p>	<p>17</p> <p>Cherry Vanilla Yogurt Blueberry Pomegranate Granola Bar</p>
<p>20</p> <p>Dr. Martin Luther King Jr. Day (All facilities closed)</p>	<p>21</p> <p>Breakfast Bagel w/Mozzarella & Eggs</p>	<p>22</p> <p>Egg & Cheese on English Muffin</p>	<p>23</p> <p>Buttery Maple Snack'n Waffles</p>	<p>24</p> <p>Ultimate Breakfast Round</p>
<p>27</p> <p>Oatmeal Apple Cinnamon Bar</p>	<p>28</p> <p>Turkey Sausage Egg & Cheese Breakfast Pocket</p>	<p>29</p> <p>Breakfast Pizza</p>	<p>30</p> <p>Peach Pancake Bowl</p>	<p>31</p> <p>Cherry Vanilla Yogurt Blueberry Pomegranate Granola Bar</p>

Items Offered Daily:

Choice of Milk: Skim, 1%, Fat Free Chocolate, **Fat Free Strawberry.**
Assorted Whole Grain Cereals, Fruit. **New Item.**