



## BREAKFAST

# MARCH 2024

## RCSD Middle School Breakfast Menu

RCSD is an equal opportunity employer. Menu items are subject to change at any time.

### Monday



### Tuesday

### Wednesday

### Thursday

### Friday

Banana Chocolate  
Chip Bar

4

Breakfast Burrito Egg,  
Sausage, Potato & Cheese

5

Turkey Ham, Sausage,  
Cheese & Egg Breakfast  
Flatbread

6

French Toast

7

Cherry Vanilla Yogurt  
Blueberry Pomegranate  
Granola Bar

1

Ultimate Breakfast  
Round

8

Oatmeal Apple  
Cinnamon Bar

11

Breakfast Bagel  
w/Eggs & Turkey Breakfast  
Sausage

12

Egg & Cheese on English  
Muffin

13

Breakfast Pizza

14

Cherry Vanilla Yogurt  
Blueberry Pomegranate  
Granola Bar

15

Apple Benefit Bar

18

Breakfast Bagel  
w/Mozzarella & Eggs

19

Maple Waffle w/Chicken  
Sausage Sandwich

20

Breakfast Smucker's  
Uncrustables Egg, Turkey  
Sausage & Cheese

21

Ultimate Breakfast  
Round

22

Oatmeal Apple  
Cinnamon Bar

25

Turkey Sausage Egg &  
Cheese Breakfast Pocket

26

French Toast Sticks

27

Breakfast Pizza

28

**Good Friday**  
**(All facilities closed)**

29

### Items Offered Daily:

Choice of: Milk: Skim, 1%, Fat Free Chocolate, Fat Free Strawberry

Sun Butter & Jelly Sandwich

Fruit, Assorted Whole Grain Cereal