

May

2023

Elementary School Breakfast Menu (FCB)

Daily	Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Daily: Milk: Skim, 1% White, Fat Free Chocolate, Fat Free Strawberry</p>	<p>1 <i>Superintendent's Conference Day (No School for Students)</i></p>	<p>2 Turkey Sausage Egg & Cheese Breakfast Pocket</p>	<p>3 Egg & Cheese on English Muffin</p>	<p>4 French Toast Sticks</p>	<p>5 Cherry Vanilla Yogurt Assorted Whole Grain Cereal</p>
 <p>Daily: Breads and Pastas are Whole Grain Soy Butter & Jelly Sandwich</p>	<p>8 Strawberry Oatmeal Bar</p>	<p>9 Egg & Cheese Bowtie</p>	<p>10 Maple Waffle w/Chicken Sausage</p>	<p>11 Cheese Stuffed Breakfast Sandwich</p>	<p>12 Ultimate Cinnamon Breakfast Round</p>
 <p>Daily: Fruit of the Day Vegetable Bar</p>	<p>15 Oatmeal Apple Cinnamon Bar</p>	<p>16 <i>Superintendent's Conference Day (No School for Students)</i></p>	<p>17 Egg & Cheese on English Muffin</p>	<p>18 Breakfast Pizza</p>	<p>19 Assorted Whole Grain Cereal Honey Graham Crackers</p>
 <p>Daily: School Breakfast</p>	<p>22 Apple Benefit Bar</p>	<p>23 Breakfast Bagel w/Mozzarella & Eggs</p>	<p>24 Maple Waffle w/Chicken Sausage</p>	<p>25 Egg & Cheese Bowtie</p>	<p>26 Ultimate Cinnamon Breakfast Round</p>
	<p>29 <i>Memorial Day (All Facilities Closed)</i></p>	<p>30 Turkey Sausage & Egg Cheese Breakfast Pocket</p>	<p>31 Egg & Cheese on English Muffin</p>		

MENU IS SUBJECT TO CHANGE. RCSD IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER