

# Healthy Futures Update!



## Child Care Recourses

“Child Care Resource and Referral Agencies (CCRRs) provide services to parents and day care providers in every county of New York State. If you are looking for child care, the CCRR in your county is a great place to start.” Visit the link for more details.

<https://ocfs.ny.gov/programs/childcare/referral-agencies.php>

## Fall 2020 Childcare Survey

“COVID-19 has changed so much in our community and has pressed caregivers to find new and emergency forms of childcare. Community organizations across Monroe and Wayne County are currently trying to meet the needs of caregivers. That's why Finger Lakes Community Schools, the United Way's Child Care Task Force, and the Finger Lakes Reopening Schools Safely Task Force are want to hear from YOU!” Please visit the link below to take a brief survey and have your voices heard.

<https://www.surveymonkey.com/r/ChildCareEnglish>

## RCSD Meal Sites

In response to the COVID-19 pandemic, the City of Rochester has established meal distribution sites for school-age children.

Several RCSD schools are distributing grab-and-go breakfast and lunch to RCSD students Monday-Friday, between 10:00 AM and 2:00 PM.

Additionally, several R-Centers are distributing breakfast, lunch and dinner from 8:00 AM to 7:00 PM, Monday-Friday.

Please see link below for a complete list of school sites and R-Center sites.

<https://www.rcsdk12.org/Page/54797>

As a reminder, you can call **211** for food distribution information and help with shelter.



1

COGNITIVE

Teach skills and competencies

2

SOCIAL

Foster healthy relationships

3

EMOTIONAL

Create safe and secure environments & psychological safety

4

PHYSICAL

Build healthy habits