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# Children

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## Resources

### **SUICIDE AND DEPRESSION IN CHILDREN AND TEENS**

What to do if you're worried about suicide

<https://childmind.org/article/youre-worried-suicide/>

## Suicide among Pre Adolescents

<http://www.apa.org/monitor/2010/10/suicide.aspx>

## Childhood Depression

<https://www.theguardian.com/society/2002/jun/30/mentalhealth.observermagazine>

# Groups

## ADOLESCENT (CHILDREN) PROSOCIAL SKILLS GROUP

These therapy groups are for children and adolescents diagnosed with certain developmental and behavioral disorders including ADHD, Conduct Disorder, Anxiety Disorder and Oppositional Defiant Disorder. The purpose of the group is to enhance the skills necessary to reduce the risk of peer

rejection and alienation, and mediate the consequences from poor impulse control.

### Meeting Details

**Location:** Call for Information. Groups at Greece Campus (100 Pinewild Dr.), St. Mary's Campus (835 W. Main Street, Rochester) and Evelyn Brandon (81 Lake Avenue, Rochester)

**Time:** Call for Information

**Fee:** Covered by many insurances. Sliding payment fee may be available

**Facilitation:** Professional Therapists

**Eligibility:** Children and adolescents diagnosed with certain developmental and behavioral disorders including ADHD, Conduct Disorder, Anxiety Disorder, and Oppositional Defiant Disorder who are also patients of Unity Health System

### Contact Information

James Meyer, Ph.D., CGP, Greece Campus 368-6705, Carol Tichenor, Greece Campus 368-6712, John Mele, MS.Ed., St. Mary's Campus 368-8580, Sue Stuckless, St. Mary's Campus 368-6517, Jay Pruiett, LSMS, Evelyn Brandon Campus 368-6900, Mary Warchocki, Evelyn Brandon Campus 368-6929,

**Sponsored by:** Unity Health System

## ADOLESCENT CRISIS STABILIZATION GROUP

This therapy group is for children/adolescents ages 18 and under. It is designed to assist individuals who need immediate crisis management. Individuals must be patients of Unity Health. Initial assessment required.

### Meeting Details

**Location:**

Call for Information

**Time:** Call for Information

**Fee:** Covered by many insurances. Sliding payment fee may be available.

**Facilitation:**

**Eligibility:** Children/adolescents under age 18 who are patients of Unity.

### Contact Information

James Meyer, Ph.D., CGP, Greece Campus 368-6705, Carol Tichenor, Greece Campus 368-6712, John Mele, MS.Ed., St. Mary's Campus 368-8580, Sue Stuckless, St. Mary's Campus 368-6517, Hat Oryuettm LSMS, Evelyn Brandon Campus 368-6900, Mary Warchocki, Evelyn Brandon Campus 368-6929,

Groups at Greece Campus (100 Pinewild Drive), St. Mary's Campus (835 W. Main Street, Rochester) and Evelyn Brandon (81 Lake Avenue, Rochester)

**Sponsored by:** Unity Health System

## ADOLESCENT DEPRESSION GROUP

## ADOLESCENT DEPRESSION GROUP

This therapy group is 13 – 17 year olds who are suffering from symptoms of depression. It is designed to assist them in working through and developing new strategies for overcoming depression and improving interpersonal relationships. Must be a patient of Unity Health.

### Meeting Details

**Location:** Call for information

**Time:** Call for information

**Fee:** Covered by many insurances. Sliding payment fee may be available.

**Facilitation:**

**Eligibility:** Children under age 18 who have experienced stressful life events. Must be a patient of Unity Health. Requires an initial assessment

### Contact Information

James Meyer, Ph.D.,CGP, Greece Campus 368-6705, Carol Tichenor, Greece Campus 368-6712, John Mele, Ms.Ed., St. Mary's Campus 368-8580, Sue

Stuckless, St. Mary's Campus 368-6517, Jay Pruiett, LSMS, Evelyn Brandon Campus 368-6900, Mary Warchocki, Evelyn Brandon Campus 368-6929,

Groups at Greece Campus (100 Pinewild Dr.), St. Mary's Campus (835 W. Main Street, Rochester and Evelyn Brandon (81 Lake Avenue, Rochester)

**Sponsored by:** Unity Health System

## CHILDREN COPING WITH LOSS AND GRIEF GROUP

This is a therapy group for children under age 18 who have experienced stressful life events. Must be a patient of Unity Health System

### Meeting Details

**Location:** Call for information

**Time:** Call for information

**Fee:** Covered by many insurances. Sliding payment fee may be available.

**Facilitation:** Professional Therapists

**Eligibility:** Children ages 18 and younger. Must be a patient of Unity Health. Requires an initial assessment.

### Contact Information

James Meyer, Ph.D., CGP, Greece Campus 368-6705 , Carol Tichenor, Greece Campus 368-6712, John Mele, MS.Ed., St. Mary's Campus 368-8580, Sue Stuckless, St. Mary's Campus 368-6517, Jay Pruiett, LSMS, Evelyn Brandon Campus 368-6900, Mary Warchocki, Evelyn Brandon Campus 368-6929,

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**Sponsored by:** Unity Health System

### TRUECHILDWITHIN.ORG

This organization runs a monthly support group for parents who have children diagnosed with pediatric bipolar disorder.

#### Meeting Details

**Location:** Spiegel Center, 35 Lincoln Avenue, Pittsford, NY 14534

**Time:** second Thursday, 6:00 – 8:00 PM

**Fee:** No fee, donations accepted

**Facilitation:** Trained peer facilitators

**Eligibility:** For parents who have children diagnosed with pediatric bipolar disorder. Also serves teens with bipolar disorder through a monthly group. Meetings are open to anyone interested in learning about pediatric bipolar disorder.

### Contact Information

[Alison@truechildwithin.org](mailto:Alison@truechildwithin.org)

**Sponsored by:** Depression and Bipolar Support Alliance (DBSA) Parents with Bipolar Children, Rochester, NY



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