



Every child is a work of art.
Create a masterpiece.

FEBRUARY 2020

FIRST CLASS BREAKFAST

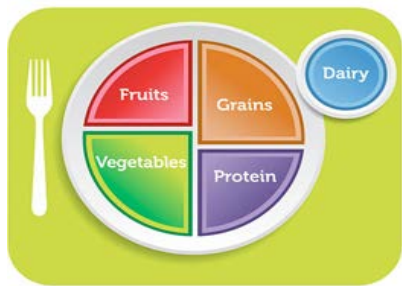
Black History Month is an annual celebration of achievements by African Americans and a time for recognizing the central role of blacks in U.S. history. Also known as African American History Month, the event grew out of “Negro History Week,” the brainchild of noted historian Carter G. Woodson and other prominent African Americans. Since 1976, every U.S. president has officially designated the month of February as Black History Month. Other countries around the world, including Canada and the United Kingdom, also devote a month to celebrating black history.

Monday	Tuesday	Wednesday	Thursday	Friday
3 BLUEBERRY/ POMEGRANATE OATMEAL BAR FRUIT OF THE DAY MILK	4 ROLLED BREAKFAST TACO EGG AND CHEESE FRUIT OF THE DAY MILK	5 BEEF SAUSAGE SLIDER FRUIT OF THE DAY MILK	6 BREAKFAST PIZZA FRUIT OF THE DAY MILK	7 CINNAMON BREAKFAST ROUND FRUIT OF THE DAY MILK
10 CINNABAR FRUIT OF THE DAY MILK	11 GRAPE FILLED CRESENT ROLL FRUIT OF THE DAY MILK	12 EGG AND CHEESE SLIDER FRUIT OF THE DAY MILK	13 PANCAKES W/ BLUEBERRY GLAZE FRUIT OF THE DAY MILK	14 CHERRY VANILLA YOGURT REMY GRAHAMS FRUIT OF THE DAY MILK
17 <i>CLOSED FOR OBSERVANCE PRESIDENT’S DAY</i>	18 <i>MID WINTER RECESS (NO SCHOOL FOR STUDENTS)</i>	19 <i>MID WINTER RECESS (NO SCHOOL FOR STUDENTS)</i>	20 <i>MID WINTER RECESS (NO SCHOOL FOR STUDENTS)</i>	21 <i>MID WINTER RECESS (NO SCHOOL FOR STUDENTS)</i>
24 BANANA CHOC. CHIP BENEFIT BAR FRUIT OF THE DAY MILK	25 ROLLED BREAKFAST TACO WITH EGG, SAUSAGE, POTATO, AND CHEESE FRUIT OF THE DAY MILK	26 EGG AND CHEESE SLIDER FRUIT OF THE DAY MILK	27 FRENCH TOAST STICKS FRUIT OF THE DAY MILK	28 CHERRY VANILLA YOGURT REMY GRAHAMS FRUIT OF THE DAY MILK



Daily offerings:

**FRUIT OF
THE DAY**
**CHOICE OF
MILK**



FOOD AND NUTRITION DEPARTMENT
Food and Nutrition Services Phone:
585-336-4100
Email: sfs@rcsdk12.org

*MENU IS SUBJECT TO CHANGE. THIS INSTITUTION IS AN EQUAL OPPORTUNITY EMPLOYER.
WE ARE A PORK AND NUT FREE DISTRICT WE DO NOT SERVE PRODUCTS CONTAINING NUTS OR MADE IN A FACILITY THAT PROCESSES NUTS.