## East Grades 6-8 Physical Education

Volleyball Unit

Stage 1 Desired Results		
ESTABLISHED GOALS	Transfer	
<ul> <li>Individual skill levels will increase</li> </ul>	Students will be able to independently use their learning to properly participate in and score a	
<ul> <li>Positive communication and</li> </ul>	regulation volleyball match.	
cooperative team settings will be	Meaning	
evident amongst teams.	<ul> <li>UNDERSTANDINGS         Students will understand that         Proper form for individual skills is essential for mastery of the skill.         Different components of volleyball positively impact your overall health     </li> </ul>	<ul> <li>ESSENTIAL QUESTIONS</li> <li>How does working as a team instead of an individual enhance your performance? Both socially and physically.</li> <li>How can I move effectively and</li> </ul>
	<ul> <li>in different ways.</li> <li>Teamwork skills and strategy are essential in a team sport.</li> </ul>	efficiently in order to improve my skill levels?
	Acquisition	
	<ul> <li>Students will know</li> <li>Volleyball specific skills:         <ul> <li>Passing, Setting, Hitting,</li> <li>Underhand &amp; Overhand Serving</li> </ul> </li> <li>Strategy:         <ul> <li>3 Hits</li> </ul> </li> <li>Rules/Scoring of a game</li> </ul>	<ul> <li>Students will be skilled at</li> <li>Procedures for participating in skill drills/game play</li> <li>Individual sport specific skills</li> <li>Positive participants/team leaders</li> <li>Scoring the game</li> </ul>
Stage 2 - Evidence		
Participation/Sportsmanship	Assessment Evidence PERFORMANCE TASK(S):	
Skill Competitions	<ul> <li>Daily grade based on effort, active participation, teamwork, and positive sportsmanship</li> <li>3 v 3 Tournament to assess individual skill levels in above skills &amp; teamwork/cooperative skills</li> </ul>	
	OTHER EVIDENCE:	
Volleyball Written Assignments	Weekly written assignment on skills, rules, impact on overall health (common core reading & writing support)	
Stage 3 — Learning Plan		
Summary of Key Learning Events and Instruction		
Volleyball as a lifetime fitness activity		

- Rules of the game & safety/purpose of the rules
- Individual and group skill work
- Game play/scoring