

East
Grades 6-12 Physical Education

Soccer Unit

Stage 1 Desired Results	
ESTABLISHED GOALS <ul style="list-style-type: none"> Standard 1: Students will have the necessary knowledge and skills to establish and maintain physical fitness, participate in physical activity, and maintain personal health. Standard 2: Students will acquire the knowledge and ability necessary to create and maintain a safe and healthy environment. Standard 3: Students will understand and be able to manage their personal and community resources Positive communication and cooperative team settings will be evident amongst teams. 	Transfer
	<i>Students will be able to independently choose to engage in soccer in order to achieve and maintain a healthy lifestyle.</i>
	Meaning
	<div> <div> UNDERSTANDINGS <i>Students will understand that...</i> <ul style="list-style-type: none"> Proper form for individual skills is essential for mastery of the skill. Different components of soccer positively impact your overall health in different ways. Teamwork skills and strategy are essential in a team sport. </div> <div> ESSENTIAL QUESTIONS <ul style="list-style-type: none"> How do you use angles in soccer? What other math concepts are used to strategize? How does working as a team instead of an individual enhance your performance? Both socially and physically. How can I move effectively and efficiently in order to improve my skill levels? </div> </div>
	Acquisition
	<div> <div> <i>Students will know...</i> <ul style="list-style-type: none"> Soccer specific skills: <ul style="list-style-type: none"> Passing, trapping, dribbling, shooting Strategy: <ul style="list-style-type: none"> Sequences, cutting, angles Rules/Scoring of a game </div> <div> <i>Students will be skilled at...</i> <ul style="list-style-type: none"> Procedures for participating in skill drills/game play Individual sport specific skills Positive participants/team leaders Scoring the game </div> </div>
Stage 2 - Evidence	
Evaluative Criteria	Assessment Evidence
Participation/Sportsmanship	PERFORMANCE TASK(S): <ul style="list-style-type: none"> Daily Grade based on Department established Rubric. Daily Fitness component towards Fitnessgram improvement Improvement of Skill level through tasks, skills, and student led games
Skill Stations/Game Play	
Soccer Written Assignments	OTHER EVIDENCE: <ul style="list-style-type: none"> Written assignment on skills, rules, and impact on overall wellness
Stage 3 – Learning Plan	

Summary of Key Learning Events and Instruction

Day 1:

- History of Soccer
- Soccer's health benefits & social benefits
- Community resources
- Rules of the game & safety/purpose of the rules
- Introduce equipment – Stationary movement with the ball (Foundations)
- Game play
- Exit ticket (Rules and expectations)

Day 2

- Introduce dribbling
- Warm up – Cardiovascular endurance dribbling with the ball 5 -10 minutes
- Introduce passing and trapping
- Stationary passing and trapping with a partner
- Keep away 2v1, 3v1, 4v1, 5v2
- Exit ticket (Communication)

Day 3

- Warm up – pass and move with a partner
- Introduce shooting
- Basic shooting fundamentals with a partner.
- Shooting drills: overlap, give and go, four corners and three man weave.
- Game play
- Exit ticket (Teamwork)

Day 4

- Warm up – 1v1
- Small sided games
- Review responsibilities, rules and game procedures
- Full field games
- Exit ticket (Fitness Component, Cardiovascular Endurance)