**East**

**Grades 6-12 Physical Education**

Soccer Unit

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| **Stage 1 Desired Results** |
| ESTABLISHED GOALS* Standard 1: Students will have the necessary knowledge and skills to establish and maintain physical fitness, participate in physical activity, and maintain personal health.
* Standard 2: Students will acquire the knowledge and ability necessary to create and maintain a safe and healthy environment.
* Standard 3: Students will understand and be able to manage their personal and community resources
* Positive communication and cooperative team settings will be evident amongst teams.
 | ***Transfer*** |
| *Students will be able to independently choose to engage in soccer in order to achieve and maintain a healthy lifestyle.* |
| ***Meaning*** |
| UNDERSTANDINGS *Students will understand that…** Proper form for individual skills is essential for mastery of the skill.
* Different components of soccer positively impact your overall health in different ways.
* Teamwork skills and strategy are essential in a team sport.
 | ESSENTIAL QUESTIONS * How do you use angles in soccer? What other math concepts are used to strategize?
* How does working as a team instead of an individual enhance your performance? Both socially and physically.
* How can I move effectively and efficiently in order to improve my skill levels?
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| ***Acquisition*** |
| *Students will know…* * Soccer specific skills:
	+ Passing, trapping, dribbling, shooting
* Strategy:
	+ Sequences, cutting, angles
* Rules/Scoring of a game
 | *Students will be skilled at…* * Procedures for participating in skill drills/game play
* Individual sport specific skills
* Positive participants/team leaders
* Scoring the game
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| **Stage 2 - Evidence** |
| **Evaluative Criteria** | **Assessment Evidence** |
| Participation/SportsmanshipSkill Stations/Game Play | PERFORMANCE TASK(S): * Daily Grade based on Department established Rubric.
* Daily Fitness component towards Fitnessgram improvement
* Improvement of Skill level through tasks, skills, and student led games
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| Soccer Written Assignments | OTHER EVIDENCE: * Written assignment on skills, rules, and impact on overall wellness
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| **Stage 3 – Learning Plan** |
| *Summary of Key Learning Events and Instruction*Day 1:* History of Soccer
* Soccer’s health benefits & social benefits
* Community resources
* Rules of the game & safety/purpose of the rules
* Introduce equipment – Stationary movement with the ball (Foundations)
* Game play
* Exit ticket (Rules and expectations)

Day 2* Introduce dribbling
* Warm up – Cardiovascular endurance dribbling with the ball 5 -10 minutes
* Introduce passing and trapping
* Stationary passing and trapping with a partner
* Keep away 2v1, 3v1, 4v1, 5v2
* Exit ticket (Communication)

Day 3 * Warm up – pass and move with a partner
* Introduce shooting
* Basic shooting fundamentals with a partner.
* Shooting drills: overlap, give and go, four corners and three man weave.
* Game play
* Exit ticket (Teamwork)

Day 4* Warm up – 1v1
* Small sided games
* Review responsibilities, rules and game procedures
* Full field games
* Exit ticket (Fitness Component, Cardiovascular Endurance)
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