

East Lower School Physical Education

Unit: Soccer

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| <p>ESTABLISHED GOALS</p> <p>Standard 1: Students will have the necessary knowledge and skills to establish and maintain physical fitness, participate in physical activity, and maintain personal health.</p> <p>Standard 2: Students will acquire the knowledge and ability necessary to create and maintain a safe and healthy environment.</p> <p>Standard 3: Students will understand and be able to manage their personal and community resources.</p> | Transfer | |
| | <p>Scholars will demonstrate tenacity seeking skill development and refinement. They will think purposely when developing a plan for lifelong health and wellness, understanding the value of a physically active lifestyle and the implications of inactivity. They will advocate for themselves and others by seeking out opportunities in the community to be physically active with friends and family</p> | |
| | Meaning | |
| | <p>UNDERSTANDINGS</p> <p><i>Students will understand that...</i></p> <ul style="list-style-type: none"> ● Soccer involves leadership, problem solving, cooperation and teamwork ● Respect to all players regardless of ability, acknowledging the accomplishments of other players. ● Teamwork is a necessary ingredient for group success in all team sports. ● Skill acquisition is improved through ongoing participation in physical activities | <p>ESSENTIAL QUESTIONS</p> <ul style="list-style-type: none"> ● How do group activities influence the development of social skills? ● How is sportsmanship and fairness related to the enjoyment of physical activity? ● How can feedback impact skill level? |
| | Acquisition | |
| <p><i>Students will know...</i></p> <p>specific skills: Passing, trapping, dribbling, shooting</p> <ul style="list-style-type: none"> ● Strategy: Sequences, cutting, angles ● Rules/Scoring of a game <ul style="list-style-type: none"> ● Positive communication and cooperative team settings will be evident amongst teams. | <p><i>Students will be skilled at...</i></p> <ul style="list-style-type: none"> ● Procedures for participating in skill drills/game play ● Individual sport specific skills ● Positive participants/team leaders ● Scoring the game | |

| Evaluative Criteria | Assessment Evidence |
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| <ul style="list-style-type: none"> ● Active Time Rubric ● Personal Social Responsibility Rubric ● Summative Skill Assessment | PERFORMANCE TASK(S): <ul style="list-style-type: none"> ● Peer Assessment ● Self-Assessment ● Teacher feedback during drills ● Student Demonstrators/Leaders |
| Soccer Written Assignments | OTHER EVIDENCE: <ul style="list-style-type: none"> ● Written assignment on skills, rules, and impact on overall wellness |

Learning Targets – Soccer 6-8

Day 1

1. I can demonstrate my understanding of appropriate personal and social responsibility (*sportsmanship - helping someone up off the ground, teamwork - high fives, advocating for self and others - support teammates with fair play*) during practice and games.
2. I can demonstrate the proper dribbling technique by keeping the ball close and controlled while maneuvering around the field.
3. I can demonstrate proper dribbling technique by avoiding objects and players while dribbling at a jogging or running speed.
4. I can demonstrate control by keeping possession of soccer ball in a game setting.

Day 2

5. I can demonstrate the proper pass and trap technique while passing with a partner.
6. I can demonstrate passing to a target 4 out of 5 times using correct form.
7. I can demonstrate passing and movement off the ball in small sided games.

Day 3

8. I can demonstrate proper shooting technique by striking the ball with my shoelaces when shooting at the target.
9. I can identify at least three positions on a soccer field using thumbs up thumbs down protocol.

Day 4

10. I can demonstrate a restart by performing one in a game setting.
11. I can demonstrate a throw in using proper technique in a game setting.
12. I can demonstrate understanding of the rules during the soccer game.