School of the Arts Counseling Department (Grades 10-12)

NEWSLETTER

June 2, 2025

NEWS/UPDATES

COLLEGE APPLICATION PROCESS

College Research Websites:

- > College Board Big Future: https://bigfuture.collegeboard.org/
- > State University of New York (SUNY): www.suny.edu
- > SchooLinks- access through RoConnect dashboard
- Create a Common Application account: www.commonapp.org and remember to write down your username and password to access in the fall
- Please add <u>ALL</u> colleges you are applying to in your SchooLinks account. SchooLinks is our new College & Career platform. We are no longer using Naviance. SchooLinks can be accessed through your RoConnect dashboard. This is how we will send transcripts, school reports, and letters of recommendation. You can access SchooLinks through your RoConnect dashboard on your Chromebook. Please see our College Application Process document for more informationhttps://www.rcsdk12.org/cms/lib/NY01001156/Centricity/Domain/5271/College%20Ap plication%20Process%20for%20Seniors.pdf.

Rochester Education Foundation-

https://www.rochestereducation.org/college-access-and-success . For help with college/financial aid related questions and FAFSA Fest information.

RCSD College Ready Resource Page: https://www.rcsdk12.org/Page/55421

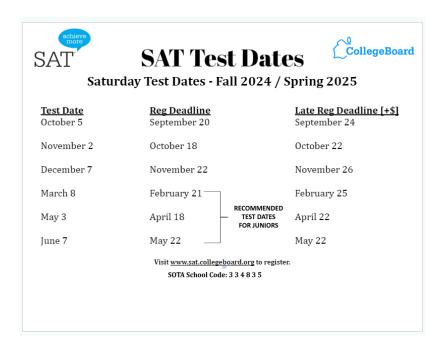
NEW YORK STATE HESC (Higher Education Services Corporation): https://www.hesc.ny.gov/ Tuition Assistance Program, Scholarships, Virtual Financial Aid Presentations and Workshops available.

FAFSA (Free Application for Federal Student Aid)- Online form available December 2024https://studentaid.gov/h/apply-for-aid/fafsa

SUNY (State University of New York) Updates and Virtual Events: www.suny.edu

SAT/ ACT UPDATES

Weekend Test Administrations: https://www.collegeboard.org/



ACT- https://www.act.org/



Please see your counselor if you think you may qualify for an SAT or ACT fee waiver.

SAT Test Day Reminders- Arrive at your testing site on time, bring your Admission Ticket, photo ID, a calculator, #2 pencils, and any drink/snack you would like. You will not be admitted without your Admission Ticket and Photo ID.

COLLEGE OPEN HOUSES/ COLLEGE FAIRS

- **❖ SUNY Campus Visit Opportunities**-<u>sunv.edu/visit</u>
- **❖ SUNY Virtual Information Sessions**-suny.edu/studentevents
- ❖ NY State Higher Education Services Corporation Virtual Events- Senior Basics Presentation: Designed to equip high school seniors with essential information and tools for a smooth transition to college. Topics include application process, financial aid, scholarships, and time management skills. Seniors will gain valuable insights and practical advice. Go to https://hesc.ny.gov/get-help/find-event/event-calendar/senior-basics-presentation/?featured_date=1406 to register for an upcoming session.
- ❖ RIT Virtual Admissions Event "Introducing RIT"- June 10https://www.rit.edu/admissions/introducing-rit?utm_campaign=em-ugrd-counselor&utm_co ntent=counselor-news-may25&utm_medium=email&utm_source=slate

SCHOLARSHIPS

- → SOME OF THE SCHOLARSHIP APPLICATIONS CAN BE FOUND ON THE SOTA WEBSITE. Go to Counselor's Corner and click "Scholarship File Cabinet".
- → Go to SchooLinks- Finances tab to access more scholarships and scholarship matching.
- → Go to www.studentscholarships.org, www.fastweb.com, https://www.goingmerry.com/ or https://www.racf.org/scholarships/search-for-scholarships/ to find more private scholarships you may be eligible for.

❖ Rochester Institute of Technology Rochester Destler/Johnson City Scholars Program- For any senior interested in attending RIT and is accepted under regular admission, meets the requirements, and has a household income under \$70,000/ year. Full tuition scholarship (does not include room and board). Please see your counselor if interested. Must apply to RIT and submit FAFSA by January 15.



- University of Rochester-Rochester Promise Program- For any senior interested in attending U of R and is accepted under regular admission, meets the requirements, and has a household income under \$137,400/ year. Full tuition scholarship (does not include room and board). Please see your counselor if interested.
- Excelsior Scholarship- NOW OPEN as of JUNE 1. For any senior interested in attending a SUNY or CUNY school and is accepted under regular admission, meets the requirements, and has a household income under \$100,000/ year. Full tuition scholarship (does not include room and board). Go to hesc.np.gov/excelsior for more information and to apply. Deadline-August 31.

- ❖ St. John Fisher University- Fisher Urban Scholar Award- \$40,000 over 4 years for first-year undergraduates from the RCSD that are accepted to St. John Fisher College. Students will also be eligible to receive additional merit aid and scholarships, including the Service Scholarship and First Generation Scholarship.
- College Board BIG FUTURE Scholarships- This is a scholarship program for JUNIORS and SENIORS. Monthly scholarship winners are drawn when you complete steps. Go to https://bigfuture.collegeboard.org/pay-for-college/bigfuture-scholarships?excmpid=vt-00248 for more information and to get started
- Nazareth University/ RCSD Direct Admission Program- Any senior with a B average (80) or higher will be eligible for Direct Admissions to Nazareth and offered \$23,000/ annually. Seniors must apply to Nazareth through the Common Application. https://www2.naz.edu/admissions/rochester-city-school-district-naz
- ❖ Niagara University Full Flight Scholarship- For students that are admitted to Niagara and whose family income is \$80,000 or less per year. This is a full tuition grant (\$37,000/ year). Applicants must file their FAFSA form to qualify. https://www.niagara.edu/
- ❖ **BigSun Athletic Scholarship** All senior student-athletes are eligible to apply. \$500 award. Go to http://www.bigsunathletics.com for more information and to apply. Deadline- June 19.
- Charlotte Community Association (CCA) Scholarship- For any senior that resides in the Charlotte neighborhood of the city and plans to attend college, trade school, or vocational/technical program in the fall. \$1000 award. Go to scholarship file cabinet for application or online https://charlottecca.org/latest-news/2018-scholarship-application/. Deadline to apply- June 30.
- **♦ Abbott and Fenner Scholarship** For any senior planning to attend college. Award up to \$1,000. Go to http://www.abbottandfenner.com/scholarships.htm for more information and to apply. Deadline to apply- June 10.
- New York State STEM Incentive Program- For seniors planning to attend a SUNY or CUNY college in the fall and plan to pursue a degree in a STEM field. Must be top 10% of high school class and commit to living and working in New York state for 5 years after college graduation working in the STEM field. This award covers your tuition at the SUNY or CUNY college. Go to https://www.hesc.ny.gov/find-aid/nys-grants-scholarships/nys-science-technology-engineering-and-mathematics-stem-incentive/ for more information and to apply. Deadline to apply-August 15.
- Urban League of Rochester Scholarship List- Use this link to find available scholarshipshttps://www.urbanleagueroc.org/scholarships
- Enhanced Tuition Award through NY State- Students from families earning \$125,000 or less can qualify for up to \$6,000 in tuition assistance at participating PRIVATE colleges in New York State. https://www.hesc.ny.gov/find-aid/nys-grants-scholarships/enhanced-tuition-award-eta Deadline to apply- August 31.



LIBERTY PARTNERSHIPS PROGRAM AT SOTA! REGISTER TODAY!



- ❖ ESL Federal Credit Union/ Monroe Community College Save for Success Program- For any senior planning to attend MCC in the fall. Sign up for Save for Success with coordinator Dan Ercolano (260-9329), attend financial workshop, open account at ESL, set a savings goal of \$375 within 18 months, receive 8-1 match funds (up to \$3,000) for tuition, fees, books, and supplies at MCC.
- **Explorers Program** Career Exploration programs in many different fields around the Rochester area. Go to https://www.exploring.org/ to search what programs are available in our area.
- Guided Pathway Support Program for Juniors and Seniors- The program is a part of the Ron Brown Scholar Program. It is a free, online, African American college advising community- advising services, mentorship, accepts students all year. Go to https://rbsgps.com/ for more information and to apply.
- University of Rochester PreCollege Programshttps://admissions.rochester.edu/pre-college/programs/
- University of Rochester Online Pre-College Programs- New program for students ages 13+ to explore subjects they may wish to pursue in college, taught by professors, supported by mentors. Currently offering courses in Biomedical Engineering, U.S. Healthcare, and Personalized Medicine. Go to https://rochesteronline.precollegeprograms.org/ for more information and to apply.
- ❖ Project Level the Field- A non-profit organization with one mission: make sure everybody has access to FREE high-quality college application resources regardless of their race, ethnicity, or financial background. They provide college application support, SAT test prep and tutoring. https://projectlevelthefield.com/
- Alfred University Pre-College Summer Institutehttps://www.alfred.edu/about/community/summer-camps/
- ❖ New York University Tisch Summer High School Arts Programhttps://tisch.nyu.edu/special-programs/high-school-programs/tisch-summer-high-school
- ❖ SUNY New Paltz Summer Honors Programhttps://www.newpaltz.edu/summer-honors/?utm_campaign=honors&utm_content=honors&utm_medium=email&utm_source=slate&utm_term=25_summer
- Project Campfire- For any student of Jewish faith interested in attending summer sleep away camp at Camp Seneca Lake for FREE. Go to https://www.farashfoundation.org/project-campfire/ for more information.
- **❖ University of Delaware Summer College Experience** July 20-August 9. <u>www.udel.edu/edge</u>.
- ❖ Brown University Pre-CollegeProgramshttps://precollege.brown.edu/?utm_source=MarketingCloud&utm_medium=email&utm_cam paign=25_11_03_OneDay&utm_content=https%3a%2f%2fprecollege.brown.edu%2f
- Worcester Polytechnic Institute Summer Programs- www.wpi.edu/+summer.
- New York University PreCollege Summer Program- www.nyu.edu/precollege
- **❖ Marist PreCollege Summer Program** www.marist.edu/precollege
- Roberts Wesleyan Academic Summer Campshttps://roberts.edu/summer-at-roberts/academic-summer-camps
- ❖ Dartmouth Online PreCollege Summer Programhttps://precollegeonline.dartmouth.edu/?utm_source=internal&utm_medium=email&utm_ca mpaign=dc_counselorleadsmonthly&utm_content=Feb2025
- **❖** Syracuse Pre-College Summer Program- https://precollege.syr.edu/
- **❖ SUNY Stony Brook Pre-College Summer Program**https://www.stonybrook.edu/commcms/precollege-summer/index.php

- Rensselaer Polytechnic Institute PREFACE summer program- For 10th and 11th graders interested in pursuing a career in engineering or technology. July 20- August 2. https://info.rpi.edu/pre-college-initiatives/preface-rensselaer-summer-engineering-design-program
- **Niagara University STEM Summer Camp** For students in grades 9-11 interested in STEM fields. Go to https://www.niagara.edu/stem-camp/ for more information.
- ❖ SUNY Geneseo Summer Academy- July 6-12, residential program for high school students that want to prepare for college, explore academic interests, and gain real college experience. Go to
 - https://www.geneseo.edu/admissions/geneseo-summer-academy-live-and-learn-campus for more information and to register.
- Julliard Extension Summer Program- June 27- August 14. Courses offered: Elements of Music Theory and Analysis, Music Theory and Analysis I, Music Theory and Analysis II, Accelerated Introduction to Ear Training, Ear Training I. Go to https://juilliard.edu/extension/highschool for more information and to apply.
- Rochester Regional Youth Apprenticeship Program- For current 10th and 11th graders interested in careers in Healthcare. Paid apprenticeship through Rochester Regional Health that certifies you to work as an apprentice in certain healthcare positions at the hospital. See your counselor if interested and go to https://www.rochesterregional.org/healthcare-professionals/clinical-training-programs/youth-apprentice-program for more information and to apply.
- ❖ RIT College and Careers Summer Program- July 29 and July 30- College and Careers gives rising seniors hands-on experience with potential majors through live interactive virtual workshops. Students can test-drive different fields, connect directly with professors, and gain valuable insights to inform their college decisions—all at no cost. Perfect for both career-focused students and those still exploring their options.
 https://www.rit.edu/admissions/college-and-careers?utm_campaign=em-ugrd-counselor&utm_content=counselor-news-may25&utm_medium=email&utm_source=slate



ENCOMPASS Future Ready Program



-Amanda, Gradua<mark>te</mark>

"My interest and decisions about college increased through college tours and presentations. As a result, I applied to more than 10 colleges and I have already been accepted into 5... It makes me so happy to think about how I came to Future Ready so far behind and that now I only need to finish two classes to graduate."

-Liniaha, High School Senior

Are you

Quick, Online Application:

bit.ly/futureready-app





Contact Us

EnCompass: Resources for Learning **Future Ready Program** 16 Lake View Park

585-505-3936 futureready@e-success.org Learn More: www.bit.ly/enc-FR



Academic Success College & Career Preparedness **Job Training & Job Placement**



Learn More & Apply Today!





How Students Benefit

Academic 5000055

Bright futures start with the foundations students need to succeed in school and graduate from high school:



- Academic Tutoring
- Regents Exam Prep
- Other Test Prep
- Experiential Learning
- Summer Learning & Enrichment









Navigation Support

Navigators are mentors and guides who meet with students regularly to:

- Develop & Implement Personal College & Career Plans
- Identify & Assess Academic Needs
- Coordinate Wraparound Services and Hands-On Career Exposures
- Arrange Work-Readiness Training and Job Placement

Career & College 🔑 🖰 🚾 🗸 🛂

Preparing for post-graduation success starts with the skills training, navigation support, and interactive experiences students need to be college and/or career-readu:

- Career Spotlights & Enrichments
- Networking Opportunities
- Future Ready Employment Education (FREE) Academu
- College Tours & Readiness Academy
- College Application and FAFSA planning



What's New?

Future Ready is focused on providing unique and life-changing experiences:

- Cross-Community Activities as Part of "The Hive"
- Mystery Trips
- Student-Designed Spaces
- Local & Out-of-State College Tours
- Summer Career Immersions

Red Cross GLOW RED ROC Program- Go to

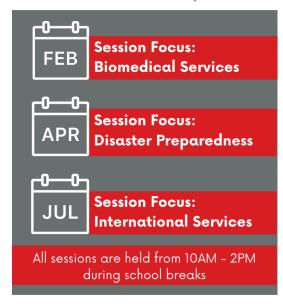
https://volunteerconnection.redcross.org/?nd=vms_public_form&form_id=13117 to apply.



THE AMERICAN RED CROSS OF GREATER ROCHESTER PRESENTS

GLOW RED ROC

(GROWING LEADERS OF THE WORLD)



About the Program

GLOW RED ROC, a program of the Greater Rochester Chapter of the American Red Cross provides youth with opportunities to develop leadership skills and enhance fundamental life skills - empowering them to become actively engaged in volunteer leadership roles supporting the American Red Cross' mission and positioning them for success in their homes, schools and in their communities.

Program Eligibility

Students enrolled in 9th-12th grade within a Monroe County based high school are eligible to apply.

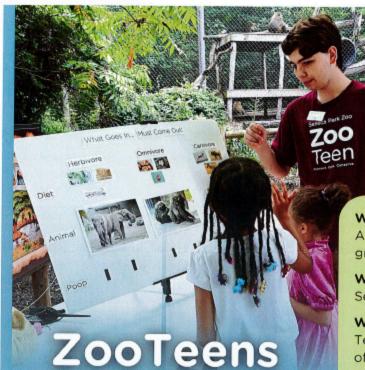
Students must be available for all five days of the session(s) they are applying to attend.

CONTACT US FOR INFORMATION OR APPLY TODAY!

585-397-6266 | KRISTEN.CLINEBURG@REDCROSS.ORG 1040 UNIVERSITY AVENUE | ROCHESTER, NY 14607

Learn more at redcross.org/local/new-york/western-new-york/about-us/our-work/youth-leadership

Note: Students can apply for all three sessions, or attend just one or two.



The ZooTeen program gives young adults the opportunity to work together with likeminded peers from around the region, as well as with the Seneca Park Zoo education team, to help educate the public about the animals in conservation care and the importance of saving animals from extinction.





WHO

Any teen currently in grades 7-12

WHERE

Seneca Park Zoo

WHEN

Teens sign up for a minimum of 12 shifts over the six-week summer program in July & August. Shifts run 9:30 a.m. to 1:30 p.m. or 12:30 p.m. to 4 p.m. The program runs seven days a week and teens select the shifts that work for their schedule.

REQUIREMENTS

Submit an online application: senecaparkzoo.org/zooteens

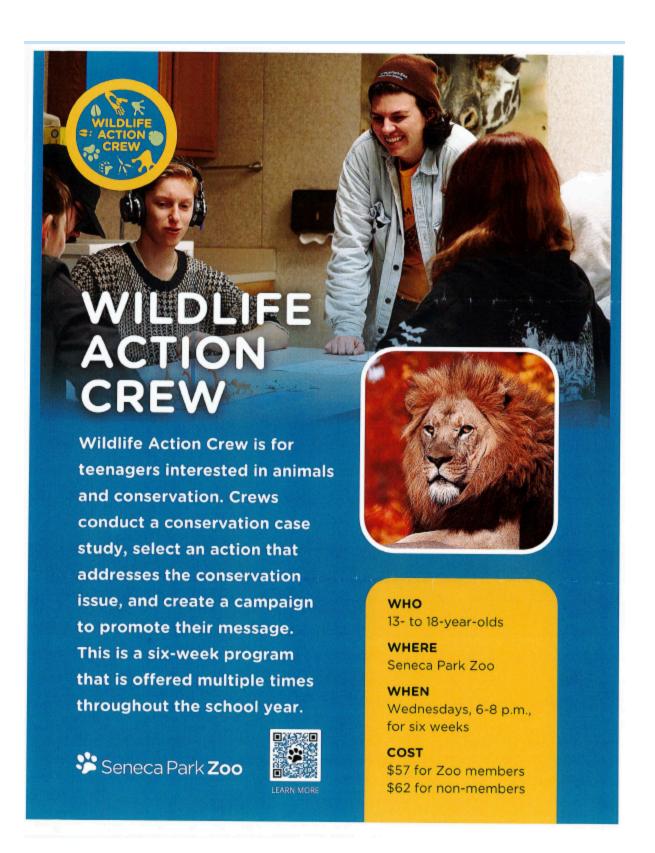
- Group interview for new ZooTeens
- · Participation in training

COST

There is a fee of \$125, due after acceptance into the program.

Need-based scholarships are available upon request.

Questions? 585.336.7208 zooteen@senecazoo.org





Parents of youth ages 13 - 17!

Prevention
Access
Self-Empowerment
Support

Monroe County's PASS
Youth Mentoring Program is
now accepting applications
for 2024!



PASS is a mentoring program for Monroe County adolescents ages 13 to 17 that teaches life skills such as anger management, self-esteem building, job interviewing, decision making, goal setting, social skills, and self-motivation. The program provides an environment for youth to practice what they learn and use the new skills in creating a path towards lifelong goals.

Parents and youth commit to a few weekend and Saturday workshops between July and December.

Apply by June 30th!

For more information visit:

www.ccsi.org/program/pass

or contact Neville Morris at 607-765-5656





SUMMER 2025:

PHARMACY SUMMER CAMP

WEGMANS SCHOOL OF PHARMACY AT ST. JOHN FISHER UNIVERSITY

Fisher's Pharmacy Camp is for rising juniors, seniors in high school, and recent high school grads interested in a career in the pharmacy profession. Join us this summer!

(Limited spots available)

August 4-8, 2025 8:45 a.m. to 3:30 p.m.

LOCATION:

Wegmans School of Pharmacy and Strong Memorial Hospital

COST: \$300

Cost includes lunch, snacks, and beverages

REGISTRATION:

Register online by July 31 or until capacity is reached by visiting go.sjf.edu/pharmacy-camp.

CAMP ACTIVITIES:

- · Strong Memorial Hospital pharmacy tour
- · CPR and Narcan Training
- Experience pharmacy through simulation and workshops (i.e. antibiotic plating, compounding, glow germ)
- · Clinical skills activities (blood pressure)
- · Meet Fisher pharmacists and pharmacist students
- · Community service
- · Learn more about becoming a Fisher pharmacist
- · Information session on how to apply to college
- · Campus tour

QUESTIONS:

Call (585) 385-7203 or email gcipriano@sjf.edu.







HOW TO APPLY FOR A SCHOLARSHIP

Through grant scholarship, the Wegmans School of Pharmacy will award up to five students with 70% coverage for the cost of the program. Applicants are asked to submit a one page essay describing current financial hardships and why you are interested in attending the program. Submissions should be sent to gcipriano@sjf.edu no later than July 10. Please contact Dr. Gabriela Cipriano at gcipriano@sjf.edu or (585) 385-7203 for more information.





RCSD STUDENT AND FAMILY RESOURCE FAIR

All Are Welcome! Come discover resources to support student success and family well-being.



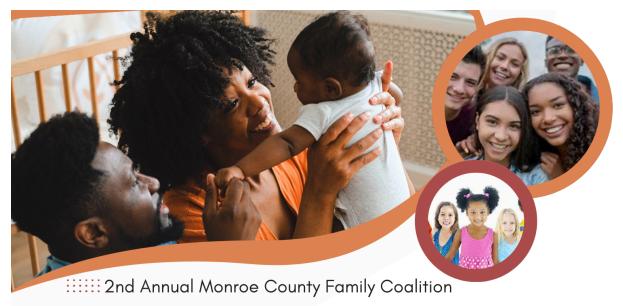
m Date: Thursday, June 5th

Lime: 3-5pm

Location: Roberto Clemente, School 8 1180 St. Paul Street, Rochester NY

Health & Wellness resource – Mental Health Services – Housing Support – Employment –

Autism Services – And more



YOUTH & FAMILY WELLNESS CONFERENCE

Free Admission

All Are Welcome

Meals Included

Day 1: Friday, July 11th 6:00 PM - 8PM Registration Starts: 5:00 PM

Day 2: Saturday, July 12th 10:00 AM - 3:00 PM

Registration Starts: 9:00 AM

Location: Asbury First United Methodist Church 1050 East Ave, Rochester NY 14607



Scan for Early Registration

• Free Backpack & Wellness Kits Giveaway - Backpacks filled with school supplies for children and wellness kits for adults. While Supplies Last

Thank You to Our Sponsors

























Keynote Speakers

Wade Norwood

CEO Common Ground Health

Caydence Dobbs Youth Voices One Vision

Dr. Ashley Cross

Executive Director HOPE585

EMPLOYMENT OPPORTUNITIES









Looking for a job? Check out the RCSD Job Board for information on local businesses that are hiring:

https://docs.google.com/spreadsheets/d/11oLGRPW1XDrdtSbLSR7bvEnGNy_1al-6ZLtdDoUKpmk/edit#gid=0

HOW TO APPLY FOR A WORK PERMIT at SOTA: https://www.rcsdk12.org/domain/13307

You will need three documents to apply for a work permit.

- > Application- Part I only completed and signed by parent or guardian
- > Proof of Age- birth certificate, learner's permit, license
- Medical Form- must be completed by your doctor's office (or the school nurse if she has your physical on file at school), you can also use a copy of your most recent physical
- > The application and medical form can be accessed through the link above or there are copies in the counselor's offices and house offices.

When you have those three documents complete, you can bring them to the house office and the clerical staff can issue you a work permit. They usually have specific days and times they process work permits, so check with your house office clerical staff.

Resources for

Social & Emotional Support

WHO CAN HELP AT SOTA:



School Counselors

Mr. Murphy - A179 Mrs. Sirianni - A249 Mrs. Rossette - A349 Mrs. Kelly - A432 Ms. Adams - A425



Social Workers/CFY

Mrs. Lindsey - A179 Mrs. Gordon - A349 Mrs. Johnson - A432 Ms. Nicki - A249 Mrs. O'Connor - M138



School Psychologists/ RRH Therapists

Mr. Blumkin - M325 Mr. Dingman - M332 Caroline Cuyler - M151 Jennifer Guzzy - M153

*Feel free to reach out to any staff member and they can help connect you to one of us!

24/7 HOTLINES FOR SUPPORT:

Suicide & Crisis Support Lifeline: Call or text 988

The Trevor Project Hotline: Call 1-866-488-7386 or text 'START' to 678-678 (LGBTQ+ safe hotline)

The Center for Youth: Call 585-271-7670

Resource Services Hotline: Call 211

For life threatening crises or emergencies please call 911

Mental Health Crisis Hotlines

If you are experiencing a mental health crisis these resources are available 24/7 to provide immediate help!

Call 211

If you need assistance locating long-term mental health resources, talking through a problem, or exploring mental health treatment options, call 211 to speak with a live person who can help.

- 211 conversations are confidential, can be made anonymously, and are available in 180 languages upon request.
- If you prefer to text, use web chat, or search for resources online, click here to find more ways to contact <u>your local 211</u>.

988 Suicide and Crisis Lifeline

Dial 988 or 1-800-273-8255 for the <u>988 Suicide and Crisis Lifeline</u>. 988 has been designated as the new three-digit dialing code that will route callers to the National Suicide Prevention Lifeline (now known as the 988 Suicide & Crisis Lifeline). When people call, text, or chat 988, they will be connected to trained counselors that are part of the existing Lifeline network. These trained counselors will listen, understand how their problems are affecting them, provide support, and connect them to resources if necessary.

URMC Brighter Days Pediatric Mental Health Urgent Care Center-300 Crittenden Blvd., (585) 275-8686,

https://www.urmc.rochester.edu/locations/mental-health-wellness-brighter-days-pediatric-urgent-care-center