

Shelters and Meals Bulletin 2/17/2022

Asbury First United Methodist Church

(585) 271-1050

1050 East Avenue Rochester NY 14607

asburyfirst.org

Breakfast served Wednesday-Friday, 7-9 a.m. at Covenant United Methodist Church (1124 Culver Road) ---- Bus Number 41 (Culver/Goodman Crosstown)

Sunday Lunch served 1-2 p.m. at Asbury First United Methodist Church (main church building)

Personal Problem Solving can be utilized by calling the main office (585-271-1050) to set up an appointment with the resident Social Worker

UR Well Clinic: Thursdays 6 p.m. - 8 p.m. **by appointment only**

- Contact jnelson@asburyfirst.org or call (585) 271-1050 extension 114

Baber AME Community Church

(585) 461-1395

550 Meigs Street Rochester NY 14607

baberrochester.org

Community Meal: Each 2nd, 3rd and 4th Saturday at 11:30 a.m.

Baden Street Settlement, Inc.

Emergency and Family Assistance Department

(585) 325-4910

152 Baden Street Rochester NY 14605

badenstreet.org

The Emergency and Family Assistance Department assists residents to meet basic family needs. Families and individuals seeking emergency assistance will be able to resolve immediate needs for food, clothing, rent/mortgage, transportation, vital records, advocacy and identity steps to avoid repeat crisis. Additionally, families and individuals will be referred to other services such as substance abuse treatment programs, case management services, and job training or employment programs as needed. The goal of The Emergency and Family Assistant Department is to assist residents to become financially self-sufficient.

Clothing available for those in need: Monday - Thursday 2-4 p.m. and Friday 9 a.m. - 1 p.m., 2 p.m. - 5 p.m.***

still needs to be confirmed

Bethany House

(585) 454-4197

1111 Joseph Ave Rochester NY 14621

www.bethanyhouserocny.org

Bethany House gives disenfranchised women in Rochester, New York the tangible supplies and emotional support they need to get back on their feet. Proudly at the service of women facing homelessness, domestic violence, incarceration, addiction and mental and physical illness. Services are free and open to all women in the community. Their services are not restricted by age, race, income, religion, or sexual orientation.

Offering:

- Transitional housing (shelter)
- Food pantry (Tuesday – Thursday 9 a.m. - 1 p.m.)
- Feminine hygiene products
- Weekly community service and dinner (Wednesday)
- Baby clothing, diapers and formula

Blessed Sacrament Church

(585) 271-7240

534 Oxford Street Rochester NY 14607

259 Rutgers Street Rochester NY14607 (mailing address)

www.blessedsacramentrochester.org

Provides take out dinner Monday – Friday from 5:30 - 6:30 p.m.

- September – June: Monday – Friday
- July & August: Monday, Tuesday and Wednesday

For more information contact: Mary Jo Lightholder (585) 271-7240

mjlightholder@frontiernet.net

Cameron Community Ministries

(585) 254-2697

48 Cameron Street Rochester NY 14606

www.cameronministries.org

Hot lunch program: Monday – Friday 12:00 – 1:30 p.m.

Emergency Food Pantry, Mobile Food Pantry

In addition to daily meals, they provide guests with access to other services such as free books, free bread and emergency food, social workers, Food Stamp information and other community services. They also provide the opportunity for those receiving public assistance to work with them, gaining work skills and positive references for job applications through the WEP Program at RochesterWorks.

Provides clothing, linens, baby items and hygiene products (small fee for the hygiene products) Monday – Friday 9 a.m. and 1 p.m. by appointment. (585) 254-2697 ext: 108 or email: madeline.martinez@cameronminitries.org

Catholic Family Center

(585) 546-7220

87 N. Clinton Ave Rochester NY 14604

www.cfcrochester.org

Emergency housing, food, clothes, drug treatment and job training.

Community Resource Services (CRS): 539 Joseph Avenue is temporarily closed but they are operating remotely and are open to take new cases for emergency rent, security deposit and utility financial assistance and other crisis management by phone. Office hours are by appointment only. (585) 232-2050

CRS is Catholic Family Center's emergency services provider for families and individuals seeking emergency assistance for immediate basic needs of daily life. Providing basic needs services for almost 30 years, the goal is stabilizing individuals and families that are in crisis.

Features: Services include crisis intervention/basic needs services: food pantry, prescription assistance, housing issues, holiday programs, financial assistance and case management for families in economic crisis.

Building Community: The residential programs include intensive stabilization and rehabilitation programs as well as community residences. Each provides quality residential services and care to individuals seeking to address their chemical dependency problems. Individuals appropriate for residential services also participate in outpatient treatment services and/or other support services. Services include:

- Housing in a supportive recovery-oriented community
- Relapse prevention support group
- Individual counseling support

- Case management
- Vocational/Educational development
- Transitional services development
- Addiction education and Life Skills Classes including Anger Management and Relapse Prevention
- Recreational, sober, fun activities

Strengthening Families: Located at 79 N Clinton Ave Children and Youth Health Homes provide services for currently Medicaid-covered (or able to qualify for Medicaid), eligible children/youths under the age of 21 such as:

- Connecting to mental health and substance abuse providers
- Helping to obtain needed medications and medication management
- Advocacy and support in medical, mental, academic and court settings
- Housing assistance
- Medical appointment transportation
- Link to other social services, such as food, benefits and locating transportation
- Connecting with other community supports and develop life skills
- Programs to help with economic and financial improvement
- Employment Services such as job training, resume building, interview skills, and job application assistance
- Assistance in maintaining a job
- Assistance with improving academic achievement
- Help obtaining a GED

Empowering the Vulnerable: Emergency Shelters and Transitional Housing: The shelter program consists of Emergency Shelters and Permanent Supportive Housing programs. CFC serves Monroe County residents, both individuals and families, who are homeless.

- **Francis Center**, for men
- **Sanctuary House**, for women and women with children
- **Place of Hope**, for single women, women and children and intact families

Residents receive the following services:

- Safe and secure overnight accommodations
- Three nutritious meals a day; all residences with children are provided meals as monitored by the Children Adult Care Feeding Program (CACFP)
- Individualized case management services that include intake/assessment service planning, information/referral and follow-up
- Alcohol/substance abuse and mental health referral
- On-site drug and alcohol education, literacy training, employability assessments, and other services as needed
- Housing assistance

Lafayette Housing provides 26 safe, affordable apartments along with case management for families and individuals who are homeless or at risk of becoming homeless.

- A safe, affordable apartment for individuals and families

- Case management services that include intake/assessment and service planning information/referral and follow-up
- Alcohol/substance abuse and mental health referral
- On-site drug and alcohol education, literacy training, employability assessments and other services as needed

Welcoming Refugees & Immigrants: Offers a broad set of services that help refugees make the most of the fresh opportunities available to them in the Rochester community. The CFC's Refugee resettlement Program equips newly arrived refugees with services, resources, training, and other supports that allow them to rebuild hopeful lives and pursue enriching opportunities in their adopted homeland. Working in close coordination with local service providers, the services address the needs of refugees in a holistic and culturally appropriate manner.

Central Church of Christ

(585) 325-6043

101 South Plymouth Avenue Rochester NY 14608

www.ccocrochester.com

“Meals with Love” and “Clothing Giveaway” 1st and 3rd Saturday 11:30 a.m. - 1 p.m.

“Jumpstart Breakfast” Sunday 7:00 a.m. - 9:00 a.m.

Center for Youth

LGBTQIA+ Safe Zone

(585) 473-2464 Main non-crisis number

(585) 271-7670 24 Hour Crisis Line

905 Monroe Avenue Rochester NY 14620

www.centerforyouth.net

Hours: M-F 8:00 a.m. - 9 p.m.

Shelter, Housing & Crisis Services

Crisis Nurseries, Permanent & Transitional Housing, Emergency Shelter, Safe Harbour, Street Outreach and Nook Food Security Cupboard.

Permanent & Transitional Housing: housing youth in need, both long-term and short-term, through the following programs:

- **Extended Host Home Program:** Individuals or families that provide a home-based emergency and or longer-term housing option for young pregnant or parenting people in our community ages 16-22. **Immediate Host:** Short-term emergency beds for stays up to 14 days, but as short as one night and **Longer-term Host:** This is a longer-term model of hosting a pregnant or parenting young person.

Chrysalis House: Provides a beautiful living environment for young women who may be pregnant or have children for up to 18 months. The program has the capacity to serve six mothers with two additional beds for young women who are pregnant or do not have children.

New Beginning House: Multi-unit house serves six young men 18-21, two residents to an apartment. The young men are finishing high school or vocational program, preparing to take their Test Assessing Secondary Completion and/or seeking employment. Most stay for up to 6 months but will have the opportunity to stay longer if in the process of completing high school.

The Arnett House: LGBTQ and trafficked homeless youth: Support and advocacy for LGBTQ and trafficked homeless youth.

Transitional Living Program apartments and Rapid Rehousing Program: Provides safe housing for both young men and women.

Nook Food Security Cupboard: The Nook is a small food and supply cupboard at the main offices. Young people have access to non-perishable foods, hygiene items and household supplies.

Street Outreach: Provides on-the-street services, including crises and survival care and referral information to street youth in an attempt to increase their personal safety and encourage them to partner with us to leave the streets for a more stable living environment.

Safe Harbour: The Safe Harbour Team provides case coordination and advocacy for commercially sexually exploited youth. Help with access to medical care, mental health counseling, financial assistance, emergency shelter and other basic living and safety needs.

Emergency Shelter: 13-bed shelter serves youth, 12-17 years old for up to 30 days. It is free, confidential and voluntary. Provides for each youth's basic needs, including meals, clothing and hygiene items; transportation and arrangements for continued school attendance or employment and an allowance through an in-house work incentive program; attention to medical needs. Youth who stay must sign the Clients Rights and Responsibilities Agreement.

Crisis Nursery of Greater Rochester

(585) 235-5750

201 Genesee Park Blvd Rochester NY 14619

Owen's House

(585) 473-2464

464 Rosewood Terrace Rochester NY 14609

Delivers free, temporary childcare during family emergencies, including but not limited to: medical emergencies, unexpected illness, accidents, unemployment, mental health episodes, unexpected death, domestic violence, homelessness, legal issues, unstable/unsafe housing. There are two facilities: On the westside is Rochester on Genessee Park Blvd and in the northeast quadrant, Owen's House. Both are located within 2 miles of major healthcare medical facilities. They are both open 24/7 365 days a year and staffed by The Center for Youth and volunteers.

Christ Church

(585) 454-3878

102 North Union Street Rochester NY 14607

www.christchurchrochester.org

A Meal and More, on Sundays at 12 noon and Wednesdays at 11:30 a.m. There is also the potential for patrons to leave with a bagged lunch, carry food or semi-carry out if they are in need of additional food. No referral needed.

Dimitri House

(585) 325-1796

102 North Union Street Rochester NY 14607

www.dimitri-house.org

Hours: M -Th 9 a.m. - 5 p.m. (closed 12 noon to 1 p.m. for lunch) Friday, 9 a.m. - 12 noon

Drop-In Program: Tuesdays, Wednesdays and Thursdays from 1:30 p.m. – 4:30 p.m.

Safe and welcoming atmosphere where neighbors in need can stop by for a meal and access services to help them address issues they may be experiencing. Counselors can help with mental and physical healthcare, transitional housing, public assistance, clothing needs and more. Peers from Rochester Mental Health Center are also available. This program offers HIV testing, TB testing and flu shots as available.

Food Pantry: By appointment Mondays, Wednesdays, Thursdays and Fridays. Call Main Line (see above) The food pantry provides groceries to those who need to supplement their own food supplies. Serving individuals and families living in zip codes 14604, 14605, 14607 and 14609 once every 30 days by appointment. No referral necessary.

Mamczur Place: Currently, placement opportunities are pending.

DASH: Dimitri Affordable Safe Housing helps individuals and families who are currently homeless and working with case managers associated with Dimitri House by placing them in recovery-oriented permanent housing as the first step towards security and stability.

Family Promise of Greater Rochester

(585) 506-9050

142 Webster Avenue Rochester NY 14609

www.fpgroc.org ; info@fpgroc.org

Prevention, Diversion & Rehousing Program: seeks to keep families in their homes, divert them from the court and shelter system as they transition to stable housing and support them in that transition. It is low-barrier and can provide one month's rent or security deposit to assist a family with avoiding eviction or diverting shelter. There are eligibility requirements.

Shelter program: Emergency shelter for families. Eligibility requirements.

Aftercare & Stabilization Services: for families transitioning out of the Shelter Program and into permanent housing, as well as families who have received support through the Prevention, Diversion, & Rehousing Program, are eligible for up to one year of comprehensive services.

Aftercare & Stabilization case management ensures families maintain housing and self-sufficiency after housing vulnerability or homelessness and can provide:

- Moving assistance and furniture procurement
- Non-perishable food supplies
- Cleaning supplies
- Advocacy
- Assistance with school supplies and holiday gifts.

Grace House of Rochester

(585) 473-9070

P.O. Box 15383 Rochester NY 14615

sgmworld.org/rochester

Provides transitional housing for recently released incarcerated persons. No walk-ins, must request their case be reviewed by NYS Dept. Of Corrections & Community Supervision for possible referral to "Grace House".

House of Mercy

(585) 546-2580

285 Ormond Street Rochester NY 14605

info@houseofmercyrochester.org , houseofmercy.org

Help available 24 hours a day, 7 days a week.

Emergency shelter with no time limit; advocacy services with social, medical and criminal justice/legal system, utilities companies as well as other organizations that have large impacts on the area's homeless and poor; social work and spirituality services; emergency financial assistance (utility bills, clothing, back rent, funerals, etc.); transportation services through volunteers.

Three hot meals times a day, every day of the week. Open to anyone: 8:00 – 9:30 a.m., 12:00 noon - 1:30 p.m. and 4:00 – 5:30 p.m.

Food Pantry that gives out bags of food Monday – Friday 9:00 a.m. - 3:00 p.m.

Warehouse that stores all donated items is open Monday and Wednesday 2:00 p.m. - 4 p.m. as volunteer staffing permits as a free store for community members. Inventory fluctuates but will respond as quickly as possible. Furniture deliveries can be arranged for individuals who have found housing in the community.

Housing Council at PathStone, Inc.

(585) 546-3700

75 College Avenue, Suite 412 Rochester NY 14607

www.thehousingcouncil.org

Services are currently offered remotely. Housing Hotline is open from 9:00 a.m. - 1 p.m. as staffing allows. Offices are currently closed until further notice, but counselors are still working remotely to serve the community. Office hours are Monday – Friday 8:30 a.m. - 4: 30 p.m. The following remote services are offered:

- Pre-Purchase Counseling
- Post-Purchase Counseling
- Foreclosure Prevention Counseling
- HECM Counseling

Judicial Process Commission

(585) 325-7727

200 West Avenue, 2nd floor Rochester NY 14611

rocipc.org

Food, shelter and housing referrals to homeless women and men and their families. Information, support and referrals "over-the-phone". Information about free food distributions and food pantries is available.

Lifeline

211 or (585) 275-5151 (can use any public telephone free of charge when dialing 211)

(800) 310-1160

422 South Clinton Ave Rochester, NY 14620

www.211lifeline.org

Provide information, referral and crisis/suicide prevention services for Monroe, Wayne, Ontario, Livingston, Cayuga, and Seneca Counties, crisis hotline. Provide information on available soup kitchens by zip code, emergency rental & utility assistance, drop in center information, support group information, mental health hotlines, resources for counseling.

Loop Ministries

Reformation Lutheran Church

(585) 738-2170

111 North Chestnut Street Rochester NY 14604

www.loopministries.org

Food pantry program: Tuesday and Thursday 10:00 a.m. - 12:00 noon

Matthews Closet

(585) 232-5160

316 Bay Street Rochester NY 14605

www.matthewscloset.org

Free clothing available for those receiving any kind of public assistance. Appointment by phone only via caseworker, social worker, doctor, pastor, health plan, rehab, etc. Must have a referral from an agency. Monroe County residents only.

Beyond the Sanctuary @ Memorial A.M.E. Zion Church

(585) 546-5997

549 Clarissa Street Rochester NY 14608

www.beyondthesanctuary.org

Food Pantry open Wednesdays from 3:00 p.m. - 7:00 p.m. No identification required; enough food provided for 3-5 days.

Clothing Closet provides clothing and shoes for women, men and children. No identification required. Coats and boots are available during the winter season. Does not distribute undergarments. Requests for clothing items are taken verbally when clients visit the Food Pantry or via phone. (585) 512-8911

Emergency Services have a small budget to provide help with small purchases for those on limited means.

Drive to Success services is a program for individuals who do not have a driver's license. Geared toward those seeking positions that require the candidate to have a valid driver's license, the program will work with selected candidates to study for the learner's permit, help complete the DMV application forms, cover cost for the learner's permit and driver's license, and cover the cost of attending a certified driving school to practice driving to qualify for the road test.

Job Readiness Success Program is a program that provides training and support to equip the hard to employ and underemployed for a successful transition into the work environment.

Monroe County Department of Human Services Housing Unit

(585) 753-6298; e-mail: dfa2a26.sm.erhous@dfa.state.ny.us (585) 442-1742 after 5:00 p.m. on weekdays and holidays.

Provides assistance finding emergency, temporary, and permanent housing for families and individuals.

Montgomery Neighborhood Center, Inc.

(585) 436-3090

10 Cady Street Rochester NY 14608

towens@swanonline.org

*SWAN Inc at Montgomery Neighborhood Center

The Montgomery Neighborhood Center provides a vast array of services to those living in the 14608, 14611 and 14619 area codes. Their services include emergency food cupboard, food referrals, free clothing and referrals, furniture, rent/mortgage and RG&E assistance. They have a store with hygiene items that are provided at no cost. They provide bus passes for day of appointments.

Northwest Neighborhood Outreach Center

(585) 623-2379

1261 Dewey Avenue Rochester NY 14613

www.nnoc-roc.org

Serves hot meals 5 days a week.

Breakfast: Monday – Friday 9:00 a.m. to 10:00 a.m.

Lunch: Monday – Friday 11:30 a.m. to 1:00 p.m.

Dinner: Tuesday 4:00 p.m. to 5:00 p.m.

Northwest Quadrant Service Center

(585) 428-7620

400 Dewey Avenue Rochester NY 14613

www.cityofrochester.gov/nwnsc

Emergency Rent Assistance for those that are eligible. Requirements: must be a renter, must have lost income due to the Covid-19 pandemic, in immediate danger of eviction, homelessness, loss of housing or utility shut off and have a household income at or below guidelines.

Open Door Mission – Samaritan House Crisis Center

(585) 454-6696

210 West Main Street Rochester NY 14608

www.opendoormission.com

Emergency Housing: Doors Open Daily at 4:00 p.m. and 6:30 p.m. Bed sign-up (must come in person to obtain a bed) The Samaritan House Crisis Center provides shelter to those in need. In addition to overnight accommodation, we give our guests access to warm meals and essential laundry services. Additionally, personalized case management assistance is available on a case-by-case basis for those seeking permanent housing and other person-centered services.

Community Meal Program: Feeds all men, women and children of the Rochester community. Doors open at 6:00 p.m. Meal is free of charge, no questions asked to visitors and clients. A thirty minute, non-denominational, attendance optional chapel service is presented after each hot meal.

Transitional Housing for men and women

(585) 454-6696

156 North Plymouth Avenue Rochester NY 14608

For Men: 90-day Transitional Housing Program for men experiencing struggles with chemical dependency, mental health or economic hardship. Program includes case management, counseling, vocational and financial development, and overall recovery.

Call Bradley Ames for a phone screen at (585) 645-0707

For women: 90-day Transitional Housing Program for women experiencing struggles with chemical dependency, mental health, or economic hardship. Program includes case management, counseling, vocational and financial development, and overall recovery.

Call Chaeonna Streeter for a phone screen at (585) 645-0646

Coldwater Women and Children Residential Home

(585) 454-6696

240 Coldwater Road Rochester NY 14624

cstreeter@opendoormission.com

The Women & Children's Residential Program is a person-centered Christian program designed to address individual crisis situations through strengthening families. It offers a safe, comprehensive and dignified environment. The program helps women develop a plan for sustainable living which may include medical, vocational, and academic assessments as well as training in parenting, nutrition, job readiness, money management and self-care.

Out of the Darkness Recovery House for Women

Sonia Rodriquez

(585) 232-3777

(585) 278-3613

PO Box 60824 Rochester NY 14606

contact@outofthedarknessroc.org

This sober living program provides help to women 18 and older who have just been released from jail, are trying to escape abusive relationships or are trying to maintain a drug free lifestyle. Help in maneuvering the court system and counseling is provided. Help with life skills, relapse prevention, moving into affordable housing and gaining employment and functioning independently in the community are among other services offered.

Pathstone Corporation

1 (800) 888-6770

400 Ease Ave Rochester NY 14607

info@pathstone.org

Workforce development initiatives aim to deliver targeted education, training, and employment support services allow people to improve their opportunities. These efforts include:

- **Career Services:** customized, people-centered professional development services leading to portable skills and enhanced employability for diverse individuals including case management, work-based training credentialing and certifications and job placement and retention services.
- **Mentoring:** targeting two groups—High school students 14-17 and individuals returning from incarceration and entering/re-entering the workforce.
- **Business & Employer Services:** developers specialize in understanding each employer's unique requirements and preparing candidates with the needed skills and qualifications.
- **Emergency Food & Shelter Services:** provided for one-time emergency needs migrant and seasonal farmworkers and other rural disadvantaged people who may not be eligible for other emergency services.

Education and Health provide high quality, lifelong learning experiences to empower participants and communities.

- **Substance Abuse & Prevention Services:** in Western New York, PathStone provides incarcerated females with HIV education, prevention, intervention, testing and counseling care services. Support groups and transitional planning services are also administered for HIV-positive women in prison.

Housing Services

- **Section 8 Housing Choice Voucher Program:** established by the U.S. Department of Housing & Urban Development enables the elderly, disabled and very low-income individuals and families to obtain and reside in decent, safe, sanitary and affordable housing.

REACH

102 North Union St Rochester NY 14607

P.O. Box 10845 Rochester NY 14610

info@reachadvocacy.org

Winter Shelter has been an emergency shelter operated for six Rochester winters, and for its seventh with COVID restrictions there is a new hotel-based model. Working with other agencies

there will be a number of smaller shelters operating in which each of the guests will have individual rooms.

Rochester Family Mission

(585) 436-7523

388 Tremont Street Rochester NY 14608

www.rfmission.org

Food Pantry: An open site, serving anyone who lives within Monroe County. Monday – Thursday, 9:00 a.m. - 2:00 p.m. Photo ID required, those in need can visit once a month for 3-5 days' worth of groceries.

Meals2Go: An open site, serving anyone who lives within Monroe County, the Meals2Go programs hours of operation is the 2nd, 3rd, and 4th Wednesday of the month, from 4:00 p.m. to 5:00 p.m. on a first come, first served basis. Photo ID required. All meals are packaged to go.

Hidden Treasure Clothing Room: A boutique-style room filled with men's, women's and children's clothing and accessories, free of charge. Serving individuals who have needs resulting from loss of home or loss of income. An open site, serving anyone who lives within Monroe County. Open Monday and Tuesday, 10:00 a.m. to 1:00 p.m. by appointment. Photo ID is required.

Rochester Housing Authority

(585) 697-3600

675 W. Main Street Rochester NY 14611

www.rochesterhousing.org

Rochester Housing Authority provides services to residents of public housing and persons participating in section 8 housing. Other concerns can be addressed to the Monroe Housing Council at (585) 546-3700.

Rochester Housing Authority will be administering Emergency Housing Vouchers (effective 7/19/21) for individuals/families that fulfill eligibility criteria:

- Individual/Family must meet HUD's definition of homelessness
- Individual/Family must meet HUD's definition of at risk of homelessness
- Individual/Family must fit HUD's definition of fleeing domestic violence/trafficking
- Individual/Family must meet HUD's definition of recently homeless, and in need of EHV to maintain housing stability

EHV's are managed through a direct referral process. All referrals for an EHV must come directly from Partners Ending Homelessness (Monroe County Continuum of Care), through the community's Coordinated Entry System.

St. Joseph's House of Hospitality

(585) 232-3262

402 South Avenue Rochester NY 14620

www.saintjoeshouse.org

Alex House: Alexander Apartments provide a safe, secure and affordable living environment for people with substance abuse disabilities, helping individuals transition from unstable living situations to a stabler, healthier environment.

- Contact Info: Linda Condon, (585) 704-0941, lcondon@rochester.rr.com
- Contact Info: Tim Sigrist, (585) 253-2551, timsigrist@frontiernet.net

Dorothy Day House: Housing for hard to place men and women that also offers free medical assistance and an advocate. May stay in residence for a year, where upon they make way for a new person to pair up with a new advocate.

- Contact Info: (585) 232-3262, st.joes@frontiernet.net

Homeless Shelter: Provides about 15 beds a night to men who require shelter during Rochester's coldest months from November 4th through Mid-April. Doors open at 8:00 p.m. sharp, when check-ins begin. Curfew is also 8:00 p.m. Guests can stay through lunch. Call ahead to determine if there is vacancy.

Hospitality: The name given to the lunch program, where everyone is invited to come and enjoy hot coffee, a snack, toiletries, games, newspapers, basic services and simple needs. There is a washing machine and dryer available for guests to wash their clothes, being able to accommodate three people's laundry each morning. There is also a shower with soap, shampoo and towels available for use.

- Monday – Friday Lunch Program: Open: 9:00 a.m. A large urn of coffee or tea is available from open until gone or 11:00 a.m.--whichever comes first.
 - First seating for Lunch is at 11:15 a.m., second seating is at 12 noon (no one will be seated after 12:15 p.m. when doors close.
 - Bag lunches are available on weekdays only; usually after 10:00 a.m.
- Saturdays: Open: 9:00 a.m. - 1:30 p.m.
- Sundays: Open: 1:30 p.m. Meal is buffet style and served at 4:00 p.m. and closes at 4:45 p.m.

Rochester Free Store: A place for people to meet their needs in clothing, household items, small appliances, electronics and more, all at no cost. Open for people to "shop" the 3rd Saturday of every month, from 3:30 p.m. to 5 p.m. For other information contact Jasmin Reggler at (585) 353-9882.

The Foot and Hair Clinic: Relationship building is the main purpose of this service, as well as caring for the very worn feet of guests. Haircuts and foot wash & soak, massage, nail clipping and callous scraping by registered nurses, simple wound care, and medications for common

foot conditions. Fresh socks are provided. Foot clinics 3 or 4 times in the late fall and early winter months.

St. Peter's Kitchen

(585) 235-6511

681 Brown Street Rochester NY 14611

stpeterskitchen.org

Lunch Program: Monday – Friday 12:00 p.m. - 1:15 p.m.

- Other services available during lunch: phone use or copy/fax services as well as inquire about other services and resources available throughout the Rochester area.

Foodlink Nutrition and Cooking Classes, Food Pantry and Holiday Meals, Holiday Gift Baskets, Birthday Cake and gift, Neighbors Table, School Supply Drive, Emergency Utility Assistance, Emergency Rent/Security Deposit Assistance, Emergency Prescription Assistance and Emergency Transportation Assistance programs are also available.

Saint Vincent DePaul Society

(585) 338-2330

124 Evergreen Street Rochester NY 14605

www.svdprochester.org

Offers furniture, household items and referrals for food and clothing for the low-income Northeastern Rochester community.

Salem United Church of Christ

Salem Nutrition Center

(585) 454-5973

60 Bittner Street Rochester NY 14604

Serves hot lunch Monday and Tuesday from 12:00 – 1:00 p.m. Labor Day through Memorial Day. Currently there is only take-out style lunch. June through August lunch is served on Monday only from 12:00 – 1:00 p.m.

Salvation Army

(585) 987-9500

70 Liberty Pole Way Rochester NY 14604

easternusa.salvationarmy.org

rochesterny.salvationarmy.org

Each guest is provided a bed and a locking dresser, laundry service provided on site during posted hours and meals are provided for all residents each day. Substance abuse counselors, mental health therapists, medical professionals and Veterans advocates provide on-site outreach, assessment, and referrals to appropriate treatment. Residents have access to educational and vocational training as well as recreational opportunities. Limited transportation assistance in the form of bus tokens is provided to residents who have appointments or employment not within walking distance.

Booth Haven Shelter

(585) 987-9540

70 Liberty Pole Way Rochester NY 14604

Serving homeless men.

Safe Haven

300 East Main Street Rochester NY 14604

Serving the chronically homeless.

Hope House Women's Shelter

(585) 697-3430

100 West Ave Rochester NY 14611

Serving homeless women and children.

Spiritus Christi Prison Outreach Shelter and Care Program

(585) 527-0121

Although SCPO is affiliated with the church, the outreach program is non-religious and welcomes anyone regardless of religious affiliation. Has programs for those that need emergency housing, transitional housing and supportive permanent housing.

Jennifer House

(585) 288-1074

Provides housing for qualified females with a criminal history who are entering the community from jail, in-patient facilities, the streets and other homeless situations. Other programs like

obtaining meaningful employment, women's empowerment, recreation therapy, family reunification as well as a safe place to sleep and their basic food, clothing and toiletries needs met are also provided. An interview is required for admission.

Nielsen House

(585) 328-0801

Provides housing for qualified males over the age of 18 with a criminal history who are entering the community from jail, in-patient facilities, the streets and other homeless situations. An interview is required for admission.

Third Presbyterian Church

(585) 271-6513

4 Meigs Street Rochester, NY 14607

www.thirdpresbyterian.org

Dining Room Ministry: Hot meal served every Saturday at 11:30 a.m.

Food Cupboard: Guests may receive groceries once a month (ID required at each visit); serving individuals and families. Open Thursday's from 9:15 to 11:45 a.m.

Urban League

(585) 325-6530

265 North Clinton Avenue Rochester NY 14605

info@ulr.org , www.urbanleagueroch.org

Urban League of Rochester Economic Development Corporation assists with Emergency Rental Assistance.

Assists with individualized counseling for new homeowners, affordable housing project.

Veterans Outreach Center

(585) 546 -1081 or toll-free 1-866-906-8387

447 South Avenue Rochester NY 14620

veteransoutreachcenter.org

Open Monday – Friday 8:30 a.m. - 5 p.m. no appointment necessary.

Quartermaster: Monday – Friday 10:00 a.m. to 3:00 p.m. Committed to ensuring veterans and their families have access to the supplies they need, completely free of charge. The Quartermaster is open to veterans and their families who need food, clothing and hygiene items while supplies last. Clients may schedule appointments or walk-in; if new a brief interview will be

conducted. Team members will retrieve requested items and clothing items are not available to be tried on at this time. All clients must wear a mask.

Behavioral Health Services offers a wide range of services and programs directed at easing stress and building a sense of community for and among veterans. There is a Morale Center, Suicide Prevention and Awareness and Therapeutic Groups and Outreach Services available. For more information call (585) 546 –1081.

Job Training services in a variety of fields are provided at the Colonel Rober N. Abbott Veterans Community Technology Center. It is free to use the computers at the VCTC as well as take the classes offered. For more information about what is offered and when call: (585) 295 – 7832.

Employment Support: services offered to make connections between those that are ready and eligible to work and employers seeking applicants.

Legal Counseling: Help with Housing, Public Benefits, Employment Benefits and Rights and Seniors' Civil Legal Services. Due to the rise in COVID cases, LawNY will not be on-site at VOC. Should any veterans have legal questions, please contact LawNY at (585) 325-2520.

Richards House and Otto House: The facilities accommodate up to 36 residents in a safe homelike environment, where they receive vital mental health services and addiction treatment. There are two additional funds set up to assist residents with needs that fall outside of normal services (Richards House Emergency Fund) and for residents to provide some holiday cheer to their families (Richards House Holiday Fund).

Priscilla's House has been under revision for the year 2021 and will announce their female veteran residential services effort sometime in 2022. For more information contact VOC case manager or call (585) 546 – 1081.

Volunteers of America

(585) 647 – 1150

214 Lake Avenue Rochester NY 14608

www.voaupny.org

Emergency Family Shelters: Emergency housing to entire families of any composition in their 13-unit emergency family shelter. VOA provide basic daily living needs such as food, clothing and hygiene supplies along with case management services to connect them with a wide range of community resources to help.

Housing for Seniors: Cobblestone Senior Apartments are specifically designated for low-income elderly men and women who are at risk of being homeless.

Housing for Veterans: VOA offers homeless veterans access to safe, supportive housing and individualized support services.

Permanent Supportive Housing: Provides supportive housing for people who have recurring bouts of homelessness, and are dealing with mental health or addiction issues, or are at-risk of becoming homeless.

Residential Reentry Center: Provides transitional housing and support to adults leaving correctional facilities. Residential Reentry Center and Community-Based Residential Programs help adults transition from incarceration and get a fresh start.

Rapid Re-housing: Helps homeless individuals and families access permanent housing through the use of short-term rental subsidies and support services. Once stabilized, participants take responsibility for their rent.

Willow Domestic Violence Center

(585) 232-5200 (business)

(585) 222-SAFE (7233) (Voice Hotline)

(585) 348-SAFE (7233) (Textline)

Willow Domestic Violence Center P.O. Box 39601 Rochester NY 14604

hotline@WillowCenterNY.org (Email Hotline)

willowcenterny.org or info@willowcenterny.org

Willow Center offers a range of emergency and non-emergency supportive services:

- 24/7 Hotline
- Emergency Shelter – safe housing for adults and their children
- Safety Planning – personalized to the needs of the individual and situation
- Court Accompaniment – to obtain a court order of protection
- Short-term Counseling and Support – individualized support in a safe and confidential location
- Support Groups – Connect with others and find strength in the community

All of Willow's services are free and confidential. Call for more information.

YWCA of Rochester and Monroe County

(585) 546-5820

(585) 546-1077 (fax)

175 North Clinton Avenue Rochester NY 14604

ywinfo@ywcarocheester.org

Provides immediate housing needs for homeless women and children.

SENIOR CENTERS AND MEAL PROGRAMS

Meal Programs

Senior Center programs located throughout Monroe County serve residents age 60 and over. All offer a nutritious meal and many have a complete calendar of recreational, cultural,

educational, health and social service programs. Transportation services are available at many programs. There are several meal programs available for mature adults in Monroe County.

Lunch Club 60 Program

The Lunch Club 60 Program is a congregate meal program for persons 60 or more years of age their spouse of any age or their adult disabled child of any age when accompanied by the person 60+ and is administered by the Monroe County Office for the Aging. The suggested meal donation for the Lunch Club 60 is \$3.50 per meal unless you earn more than 185% of the Federal Poverty Rate. For those who earn more than 185% of the Federal Poverty Rate a contribution of \$7.50 is suggested. and a reservation 2 weeks in advanced is required.

Transportation to Lunch Club

Transportation services are available at many programs for eligible individuals. There is a suggested contribution of \$2.00 per one-way trip for participants who receive transportation services to the meal program. The actual cost is \$11.64/one-way trip. These contributions are put back into the program to create additional opportunities for individuals to participate. An otherwise eligible individual cannot be denied service for inability or refusal to contribute to the program.

Meal selections change monthly and each site posts their meal calendar. If you have questions, contact your Senior Center/Site or the Office for the Aging at (585) 753-6280.

Centro de Oro Senior Center
485 N. Clinton Ave., Rochester
Phone: (585) 256-8900 x23

Serving Breakfast at 9:00am and Lunch at 12:00pm, Monday - Friday. Transportation may be available by calling the Center's Coordinator. Centro's lunch menu differs from other Lunch Club locations.

Charles Settlement House
71 Parkway, Rochester
Phone: (585) 277-0813

Located at the Charles Settlement House 2nd Floor.

Lunch at 12:30pm, Monday - Friday. Transportation may be available by calling the Center's Coordinator.

(Charles Settlement House also manages the lunch program at Dunn Tower I - M,W, F at 11:30am and Dunn II - T-Th at 12:00pm for Dunn Residents ONLY)

Chili Senior Center
3237 Chili Ave., Rochester
Phone: (585) 889-6185

Serving Lunch at 12:00pm, Tuesdays. Transportation may be available by calling the Center's Coordinator.

Community Place of Greater Rochester
145 Parsells Avenue, Rochester

Phone: (585) 288-0021

Serving Lunch at 12:00pm, Monday - Friday. Transportation may be available by calling the Center's Coordinator.

Greece Community and Senior Center

3 Vince Tofany Blvd.

Phone: (585) 723-2425

Serving Lunch from 11:30am-12:00pm, Monday - Friday. Transportation may be available by calling the Center's Coordinator.

Henrietta Senior Center

515 Calkins Road, Henrietta

Phone: (585) 334-4030

Serving Lunch at 12:00pm, M, T, W by reservation. Transportation may be available by calling the Center's Coordinator.

Hilton Senior Center

59 Henry Street, Hilton

Phone: (585) 392-9030

Serving Lunch at 12:00pm Tuesday. Transportation may be available by calling the Center's Coordinator.

Irondequoit Senior Center

450 Skyview Centre Parkway, Rochester

Phone: (585) 336-6078

Serving Lunch at 11:15am, Monday - Friday. Transportation may be available by calling the Center's Coordinator.

LIFESPAN Downtown

25 Franklin Street, Rochester

Phone: (585) 232-3280

Serving Breakfast from 8:30 - 10:30am and Lunch at 12:00pm Monday - Friday. Transportation may be available by calling the Center's Coordinator.

Serving Holiday meals at 11:30am.

Ogden Senior Center

200 South Union Street, Spencerport

Phone: (585) 352-3250

Serving Lunch at 11:30am, M,W, F by reservation. Transportation may be available by calling the Center's Coordinator.

Pittsford Senior Center

35 Lincoln Avenue, Pittsford

Phone: (585) 248-6235

Directions: I-590 to Monroe Avenue. East over canal. Turn right onto Sutherland Street. Left onto Lincoln Avenue. Senior and Community Center is on the right.

Serving Lunch at 12:00pm, M,W, F. Transportation may be available by calling the Center's Coordinator.

Southwest Senior Center
Montgomery Neighborhood Center
10 Cady Street

Phone: (585) 436-3090

Serving Lunch at 12:30pm, Monday - Thursday and 12:00pm on Fridays. Transportation may be available by calling the Center's Coordinator.

The Lodge on the Canal
133 State Street, Brockport

Phone: (585) 637-8161

Serving Lunch at 12:00pm Tuesday & Friday by reservation. Transportation may be available by calling the Center's Coordinator.

Webster Senior Center
1350 Chiyoda Drive, Webster

Phone: (585) 872-7102

Serving Lunch at 12:00pm Monday - Thursday. Transportation may be available by calling the Center's Coordinator.

Wheatland Senior Center
22 Main Street, Scottsville

Phone: (585) 889-1284

Serving Lunch at 12:30pm M, W by reservation. Transportation may be available by calling the Center's Coordinator.

Meal Sites

A **meal site** differs from a Lunch Club site because it does not provide nutrition education, counseling or recreational programming. Meal sites only provide a meal that meets the 1/3 Daily Required Intake (DRI) of nutrients for an older adult. Meal sites have different menus from the Lunch Club Sites listed above.

Office for the Aging/Monroe Community Hospital

435 East Henrietta Road, Rochester

Phone: (585) 753-6280

- Tickets and program registration are available in the Monroe County Office for the Aging on the 3rd floor of MCH, Monday - Friday, 9:30-11 a.m. and 2-4 p.m.
- The ticket must be completed, signed, and given to the cashier in the cafeteria at time of service. The individual must abide by the program regulations and may only choose from items outlined on the ticket, unless the cafeteria administration needs to make a change based on availability. In those instances, the individual may only choose items based on the food choices defined by the cafeteria administration.
- Individuals must be 60 or over, the spouse of a participant 60 or over, or the adult disabled child who resides with a participant age 60 or over. Due to health and safety regulations, participant may not be a resident or patient of Monroe Community Hospital.

Association for the Blind and Visually Impaired

422 South Clinton Avenue, Rochester, NY 14620

Serving Lunch from 11:30am - 1:00pm Monday - Friday.

Contributions for the Meal Only Sites

- The Monroe County Office for the Aging suggests a contribution of \$3.50 per meal for eligible participants.
- If an individual earns more than 185% of the Federal Poverty Rate, we suggest a contribution of \$7.50 per meal (actual cost of the meal).
- Contributions for this meal site will be collected in the Monroe County Office for the Aging.
- Participants will be provided an envelope and may, if they choose, confidentially provide a contribution in the locked box on the right side of the door as you are exiting the office.
- Individuals may contribute using a check made out to the Monroe County Office for the Aging, and while this check will not be tracked or applied to any individual user, the individual does give up anonymity in making a contribution.
- An individual who otherwise meets the eligibility requirements does not need to be a resident of Monroe County to participate in this program. An individual who is otherwise eligible cannot be denied service for failure or refusal to contribute a suggested contribution.

Home Delivered Meals

Meals at Home

The Monroe County Office for the Aging contracts with UR Medicine Home Care, Visiting Nurse Service. (585 787-8397) to assist with better health through nutrition. Often mealtime becomes a real challenge for individuals who are recuperating from an illness or who are too ill or frail to prepare a meal. Meals on Wheels provides the valuable nutrition needed. Anyone can make a request for service.

To be eligible for this service a person must be:

- 60 years of age; and
- homebound; and
- living alone or with someone who is unable to prepare nutritious meals and/or is absent during the day.

UR Medicine Home Care has numerous meal programs. The meals funded by the Office for the Aging have a recommended contribution of \$3.50 per meal unless you earn more than 185% of the Federal Poverty Rate). For those who earn more than 185% of the Federal Poverty Level, we suggest a contribution more in line with the actual meal cost of \$7.50 per meal.

Circulation Department

Central Library of Rochester and Monroe County

(585) 428-8168