

Ring the Bells

Tune: “London Bridges”

Talking about Santa, gifts, etc. at school, especially with young children who live in poverty, have an incarcerated parent, and/or experience emotional trauma, can put even more stress on them. We should do our best to keep our classrooms safe from holiday stress, which can take a toll on our children. Not all of them will be celebrating holidays, and those who do won't be doing so in the same way. Instead, you might connect to something positive in their environment. In the following song, you might simply talk about how we hear lots of bells around this time of year, i.e. on TV/radio, in stores, red kettle helper (Salvation Army) at the mall, etc. Children will connect to what they know, making the discussion about them and their experiences!

COR Advantage: Y-Music, Z-Movement

I heard the bells ring loudly, loudly, loudly,	(Shake loudly)
I heard the bells ring loudly, then they stopped!	(Hold bells still)

I heard the bells ring softly, softly, softly,	(Shake softly)
I heard the bells ring softly, then they stopped!	(Hold bells still)

Continue with children's ideas on how to ring bells to replace loudly and softly, i.e. “up and down,” “round and round.”

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