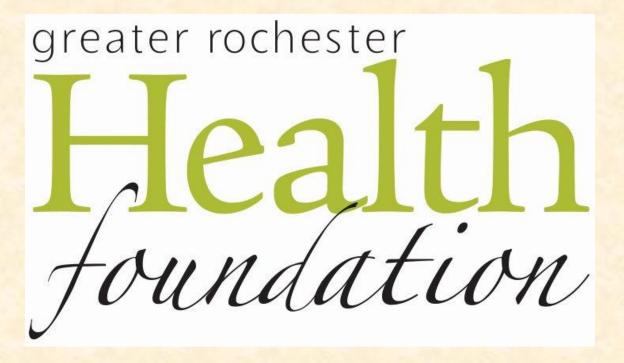
School 12 PTA Greater Rochester Health Foundation Grant Discussion

Thursday, October 24, 2013

5:30-7:00pm



Welcome

Thank yous- Carl Almer Ice Breaker- Mr. Padron

Greater Rochester Health Foundation Overview Rachel Larson

Please ask questions/ give comments as we go

> Two major focuses-1) Exercise 2) Healthy Eating

Money

\$330,222 over three years 2013-2016

Just received another @\$100,000 to support more clubs (around \$33,000 per year)!!!

Monies cover-

- Salary and overtime for staff and teachers
- Supplies Needed For Groups
- Equipment for clubs
- Rentals for events (YMCA, Roller Skating)
- Snacks for clubs/events
- Equipment for school (mostly to be purchased in year 3)
- Consultants/Trainings (Headwater Food, Yoga, Rhythm Society, Action Based Learning, etc.)

Biggest Push-Afterschool Programs

- Fall Clubs- Soccer, Running, Cooking and Karate
- Trying to incorporate all grade levels as appropriate
- Had 125 slots available, had over 260 requests for those slots, most students wanted more than one club
- Issues with physicals needed for participation and unclear process for confirmation of who got in what club

Next clubs to roll out

5th &6th grade basketball league with Mr. Martin (tryouts this week)

- Practice starts next week on Tuesdays and Thursdays
- 15 kids chosen through try outs

Girls Soccer league with River Flow

- 6-12 years old
- Monday and Wednesday practice, Games on Saturday
- Can accommodate up to 50 girls

<u>Chess club</u>-Mr. Vanderwyst, <u>24 Club</u>- Mrs. Walters & <u>Robotics Club-</u>?? (need teacher)

Sizes determined by Teacher

Karate and Cooking will continue

 Karate will keep the same 30 students until February, then start a new session with 30 kids on the wait list

 Cooking will rotate new students in every six weeks, 15 kids per session



Clubs Overview

Fall	Winter	Spring
Karate	Karate	Karate
Cooking (K-2)	Cooking (3 rd & up)	Cooking (?)
Running		Running
Soccer + Girls League		Soccer-Girls League
Basketball (5&6)	Basketball (5&6)	
	Cross Fit (older ages)	Cross Fit (older ages)
	Chess	Chess
	24 Club	24 Club
	Dance-Rhythm Society	Dance-Rhythm Society
	Yoga	Zumba
		Tennis

Spring Clubs

In addition to those already running...

- Soccer Spring league-up to 50 girls
- Cross fit-TBD
- Running-30 students
- Tennis-TBD
- Yoga
- Zumba (if we can working out training details by then)-TBD

In School activity work

- Fun Runs- First one November 1st
- Yoga in the classrooms
- Math in Movement
- Action Based Learning



Healthy Eating

- Cooking With The Principal-4 times a year
- Headwater Foods-Vegetable Education Salad Bar once a month

Food equipment for lower grades (apple)

slicers, peelers, etc)

 Nutrition committee-Set goals for the year and accomplish them!



Support Family Activity

- Winter Sledding Party- January 11 or 12th, 2014
- Skating Party-February 2014
- YMCA family night- March 2014
- Roller skating Party-March 28, April 4 and 11th, 2014 (different grades on each night)

Volunteers Needed!

- 1. Club starters- 2:00-2:40
- 2. Veggie delivery- 8:00-9:00am each school morning
- 3. Nutrition committee-1st meeting, 10/29 at 5pm
- 4. Fun Run- November 1st- any time during the school day
- 5. Parent Focus group- meeting to be determined

HOW ARE WE DOING???

- Comments
- Concerns
- Helpful tips to grow/improve

Thanks for coming!

Next PTA meeting
November 21st, 2013

Keep on the look out for Food Drive information!