We are continuously looking for ways to improve our menu. Students ask, we listen! Look for submarine sandwich stations in High Schools! We will be piloting with East and Monroe during January and February and slowly implementing into all HS’s. Students will have a choice of whole wheat rolls, sliced bread, or wraps, meats, cheeses, and variety of vegetables.

Our Food Service Department is looking for substitutes to work during breakfast, lunch or both! Parents, while the kids are in class, think of helping out in their school! To apply, stop by the food service office at 835 Hudson Ave. or call 336-4100.

“Ring in a healthy new year by teaching kids the importance of food, nutrition and eating skills: food to fuel busy, successful lives; nutrition to nourish strong bodies and smart brains; and eating skills to enjoy the social aspect of meals with family and friends.”

www.eatright.org/for-kids

Contact RCSD Food and Nutrition Services:
585-336-4100
Lead Food Service Director:
Dele Akinniyi
Food Service Director: Gemma Humphries
School Nutrition Coordinator:
Janine Nicolosi
We welcome questions, concerns, and compliments!
Another visit by the one and only Thurman Thomas at school number 44 for World Milk Day. Sharon Colontoni, Principal Debra Ramsperger, Thurman Thomas, Gemma Humphries, Wanda Mercado, Dele Akinniyi.

National School Breakfast Week
March 4-8, 2019

National School Breakfast week is a weeklong program designed to raise awareness of the School Breakfast Program in our schools. NSBW gives us the opportunity to raise the profile of our program, increase participation, and educate about the importance and benefits of a healthy breakfast!!!

Pre-K Academy employees, Yessie Rosario and Lillian Esquilin, took their own time to help Santa prepare for student visit!

Winter Fruit & Vegetables:
Pears, oranges, grapefruit, kiwi, pomegranate, passion fruit, parsnips, chard, leeks, kale, savoy cabbage, Brussel sprouts, spinach, Jerusalem artichokes, sprouting broccoli.