Choose activities to do during each week to make your score as high as you can at the end of each week!







Feel free to send me a photo or video of your choices if you would like:

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First Grade								
30	31	1	2	3	weekend!			
Make an instrument	Listen to an instrumental piece	Play some music and	Read a book about	Sing a song or 2!	How many points			
using things you find	of music (no words) and draw	move to the steady	music or a musician. Or		did you earn			
around your house	what you hear.	beat.(march, tap, pat)	watch a book on YouTube.	1 song = 5 points	this week?			
15 points	10 points	5 points	5 points	2 songs = 10 points				
6	7	8	9	10	weekend			
Draw as many	Sit still, close your eyes, and	Create sound effects	Using a piece of string or	Sing a conversation	How many points			
different kind of notes	listen to a piece by Mozart. Write	to go with your	yarn make a trail, then	with someone in your	did you earn			
as you can think of!	words to tell me what you thought	favorite story.	sing it making your voice	house.	this week?			
10 points	about the music. 10 points	10 points	go hi and lo 10 points	10 points				
13	14	15	16	17	weekend			
Sing a song. Sing it fast,	Listen to a piece of music in a	Listen to a song you	Create a new instrument	Sing the alphabet	How many points			
then sing it slow.	style you don't usually listen to.	like and draw a picture	and draw a picture of it.	song with 3 different	did you earn			
	What is the title?	of how it makes you		kinds of voices.	this week?			
5 points	10 points	feel. 10 points	15 points	5 points				
20	21	22	23	24	weekend			
Listen to 2 different	Find 6 different sounds around	Sing Twinkle Twinkle	Find a spot to sit outside.	Color the caterpillar	How many points			
songs and keep a	your house. Pick one sound to play	in a high voice and a	Draw a picture of things	coloring page.	did you earn			
steady beat a different	a steady beat to a song you like.	low voice.	you hear making sounds.		this week?			
way for each song. 5	15 points	5 points	10 points	5 points				
27	28	29	30	*	weekend			
Make rhythms with	Draw a picture of your favorite	Go on GoNoodle. Do	Play freeze dance! Put on	* 20	How many points			
things in your bedroom	instrument. Write the name of the	3 dances.	a song you like and have	***	did you earn			
	instrument on the page.	_	someone else freeze the		this week?			
10 points	10 points	10 points	music. 10 points					