

NOVEMBER 2025

RCSD is an equal opportunity employer. Menu items are subject to change at any time.

Middle School Breakfast Menu

Thursday Friday Monday Wednesday Tuesday Superintendent's 1/2 5 Conference Oatmeal Apple Egg & Cheese Eggo Froot Loop Vanilla Yogurt **Day/Election Day** Cinnamon Bar Breakfast Scrambler Waffles **Blueberry Pomegranate** No school for Granola Bar students 12 13 10 Cinnamon Buttery Maple Snack'n Ultimate Breakfast **Veterans Day Toast Crunch** Apple Benefit Bar **All facilities Closed** Waffles Round Filled Bar 17 18 19 20 Blueberry Granola Cocoa Cherry Bar Turkey Sausage Egg & Breakfast Pizza Mini Blueberry Cheese Breakfast & Vanilla Yogurt Cup **Pancakes** Pocket 25 27 26 **Thanksgiving** Banana Chocolate **Thanksgiving Recess Thanksgiving Recess** Maple Waffle (All facilities closed (No school All facilities closed w/Chicken Chip Bar for students Nov. 27-28) Sausage Sandwith Nov. 26-28)

Items Offered Daily:

Choice of Milk: Skim, 1%, Fat Free Chocolate, Assorted Whole Grain Cereals, Fruit, New Item.

(Allergy information is available upon request)