**East Physical Education**

UNIT: Cooperative Games

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| **Stage 1 Desired Results** |
| ESTABLISHED GOALSStandard 1:Students will have the necessary knowledge and skills to establish and maintain physical fitness, participate in physical activity, and maintain personal health.Standard 2:Students will acquire the knowledge and ability necessary to create and maintain a safe and healthy environment.Standard 3:Students will understand and be able to manage their personal and community resources. | ***Transfer*** |
|  *Students will be able to independently choose to engage in cooperative games in order to achieve and maintain a healthy lifestyle.* |
| ***Meaning*** |
| UNDERSTANDINGS *Students will understand that…** Cooperating with teammates shows respect for team and improves team chemistry.
* Working together will allow the overall team to accomplish more than a single individual.
* Communication is essential for teams to be successful.
 | ESSENTIAL QUESTIONS * Why is cooperation important in team sports?
* How will working together improve learning?
* How does communication affect team performance?
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| ***Acquisition*** |
| *Students will know…* * Strategies needed to succeed in all co-op games.
* How to properly give corrective feedback to peers.
* Summarize the importance of cooperation and communication in a team setting.
* How to participate safely in all team activities.
 | *Students will be skilled at…* * Psychomotor skills necessary to participate in a variety of co-op games.
* Conflict resolution
* Risk taking
* Understanding space in each game setting.
* Decision making
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| **Stage 2 - Evidence** |
| **Evaluative Criteria** | **Assessment Evidence** |
| Participation/Sportsmanship | PERFORMANCE TASK(S): * Daily Grade based on Department established Rubric.
* Daily Fitness component towards Fitnessgram improvement
* Improvement of Skill level through tasks, skills, and student led games
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| Written Assignments | OTHER EVIDENCE:* Written assignment on skills, rules, and impact on overall wellness
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| **Stage 3 – Learning Plan** |
| *Summary of Key Learning Events and Instruction*

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| ***DAY 1*** | ***DAY 2*** | ***DAY 3*** | ***DAY 4*** |
| Intro to * *What do students know about cooperation and communication in team sports*

Review etiquette and personal and social responsibilities.Health/skill Related Fitness Components.Discuss/handouts community resources for…... Area Gyms, YMCA, rec centers, neighborhood possibilities)**Trust Falls*** Individual trust falls with a partner
* Group trust falls off platform
 | Ice Breaker Activities:* Look
* Partner tag
* Group Juggle

Co-op Games:* Around the world
* Bird’s nest
* Car-car
 | Ice Breaker activities:* Last man standing
* Circle the circle

Co-op Games:* The Cube
* Don’t Touch the ball
* Island Volleyball
 | Ice Breaker activities:* Last man standing
* Group juggle

Co-op Games:* Key Punch
* Cross the River
* Ready Aim
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