**East High**

**Grades 7-8 Physical Education**

Basketball Unit

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| **Stage 1 Desired Results** | | |
| ESTABLISHED GOALS   * Positive communication and cooperative team settings will be evident amongst teams. | ***Transfer*** | |
| *Students will be able to independently choose to engage in basketball in achieve and maintain a healthy lifestyle.* | |
| ***Meaning*** | |
| UNDERSTANDINGS  *Students will understand that…*   * The use of math skills are fundamental in the scoring of a basketball game. * Teamwork is an essential part of a basketball game. * Understanding of skill cues will aid in improvement. | ESSENTIAL QUESTIONS   * How do you use math skills when you strategize in the game of basketball? * How does working as a team instead of an individual enhance your performance? Both socially and physically. * How can I move effectively and efficiently in order to improve my skill levels? |
| ***Acquisition*** | |
| *Students will know…*   * Basketball specific skills:   + Passing, Dribbling, Shooting * Strategy:   + Defenses, Offenses, Communication * Rules/Scoring of a game | *Students will be skilled at…*   * Procedures for participating in skill drills/game play * Individual sport specific skills * Positive participants/team leaders * Scoring the game |
| **Stage 2 - Evidence** | | |
| **Evaluative Criteria** | **Assessment Evidence** | |
| Participation/Sportsmanship  Skill Stations/Game Play | PERFORMANCE TASK(S):   * Daily grade based on department established rubric. * Daily fitness component towards FitnessGram improvement. * Improvement of skill level through tasks, drills and student-led games. | |
| Basketball Written Assignments | OTHER EVIDENCE:   * Weekly written assignment on skills, rules, impact on overall health (common core reading & writing support) | |
| **Stage 3 – Learning Plan** | | |
| *Summary of Key Learning Events and Instruction*  *Day 1:*  I. Introduction to Basketball  II. Stretch/Warm-up  III. Lesson Focus  a. Pre-test of basketball skills  b. Introduction to basketball rules  c. Quiz  IV. Closure  Questions/Review rules  *Day 2:*  I. Introduction: Ball-Handling  II. Stretch/Warm-up  III. Lesson Focus  a. Review basketball rules  b. Safety  c. Demonstrate Big 10 ball-handling drills  1. Slap ball drill  2. Around head  3. Around waist  4. Around Ankles  5. Candy cane  6. Flip drill  7. Flop drill  8. Spider drill  9. Crab walk  10. Two balls  IV. Culminating Activity  a. Big Ten ball-handling drills with a partner  V. Closure  a. Questions/Review  *Day 3:*  I. Introduction: Passing  II. Stretch/Warm-up  III. Lesson Focus  a. Review ball-handling  b. Introduction of Passing  d. Passing with a partner  e. Chest pass, Bounce pass, Overhead pass  IV. Culminating Activities  a. Star Passing  b. Three man weave  c. Three man passing  V. Closure  a. Questions/Reviews  *Day 4:*  I. Introduction: Dribbling  II. Stretch/Warm-up  III. Lesson Focus  a. Review ball*-*handling and passing  b. Intro to dribbling  d. Dribbling drills  IV. Culminating Activity  a. Cone dribble  b. Dribble Tag  V. Closure  a. Questions/Review  *Day 5:*  I. Introduction: Shooting  II. Stretch/Warm-up  III. Lesson Focus  a. Review skills/relays  b. Introduce shooting  c. Teach and shoot free-throws  IV. Culminating Activity  a. Erdman Shooting  b. 32 Ball  V. Closure  a. Questions/Review   * Basketball as a lifetime sport/part of the community * Rules of the game & safety/purpose of the rules * Individual and group skill work * Game play/scoring | | |
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