

East Physical Education

UNIT: Badminton

Stage 1 Desired Results

<p>ESTABLISHED GOALS</p> <p>Standard 1: Students will have the necessary knowledge and skills to establish and maintain physical fitness, participate in physical activity, and maintain personal health.</p> <p>Standard 2: Students will acquire the knowledge and ability necessary to create and maintain a safe and healthy environment.</p> <p>Standard 3: Students will understand and be able to manage their personal and community resources.</p>	Transfer	
	<i>Students will be able to independently choose to engage in Badminton in order to achieve and maintain a healthy lifestyle.</i>	
	Meaning	
	<p>UNDERSTANDINGS <i>Students will understand that... Answer your essential Questions</i></p> <ul style="list-style-type: none"> ➤ Proper form for individual skills is essential for mastery of the skill. ➤ Different components of badminton positively impact your overall health in different ways. ➤ Teamwork skills and strategy are essential in a team/dual sport. 	<p>ESSENTIAL QUESTIONS</p> <ol style="list-style-type: none"> 1. How does the improvement of individual/dual activities improve your quality of life? 2. Why is it important to participate regularly in meaningful physical activity? 3. How do the knowledge and skills, and etiquette of individual/dual activities improve personal and social quality of life? <p>How does participation in individual/dual activities support and enhance related to physical fitness?</p>
	Acquisition	
<p><i>Students will know...</i></p> <ul style="list-style-type: none"> ➤ The badminton vocabulary: rules, rally scoring system, strategy, skill cues, rotation, regulations, terminology, sportsmanship, safety, clear, smash, drop, short serve, long-deep serve, backhand, grip, boundaries, overhead, underhand, weak side, cross-court, racket, and shuttle-birdie. ➤ How to apply the skill cues, rules and strategies in a modified team setting. ➤ The skills and strategy of Badminton such as clear, smash, drop, and serve. 	<p><i>Students will be skilled at...</i></p> <ul style="list-style-type: none"> ➤ Demonstrate various skill cues, rules, and strategy in a modified game setting. ➤ Play with self-control and fair play behaviors such as recognizing and respecting classroom and school rules. ➤ Demonstrate consistent application of skills and strategy during a modified game setting. ➤ Demonstrate badminton skills: clear, drop shot, serve. ➤ Recognize and apply rules, regulations and etiquette specific to movement concepts and theme. ➤ Prevent and resolve conflict 	

appropriately without teacher intervention, and respect other's skill levels.

Stage 2 - Evidence

Evaluative Criteria	Assessment Evidence
Participation/Sportsmanship	PERFORMANCE TASK(S): <ul style="list-style-type: none"> ➤ Daily Grade based on Department established Rubric. ➤ Daily Fitness component towards Fitnessgram improvement ➤ Improvement of Skill level through tasks, skills, and student led games
Written Assignments	OTHER EVIDENCE: <ul style="list-style-type: none"> ➤ Written assignment on skills, rules, and impact on overall wellness

Stage 3 – Learning Plan

Summary of Key Learning Events and Instruction

DAY 1	DAY 2	DAY 3	DAY 4
<p>Intro to</p> <ul style="list-style-type: none"> • <i>What do students know about Badminton?</i> • History of Badminton • Rules • Safety • Forehand Grip and Ready Position <p>Review etiquette and personal and social responsibilities.</p> <p>Health/skill Related Fitness Components</p> <p>Discuss/handouts community resources for Badminton (Area Gyms, YMCA, rec centers, neighborhood possibilities)</p>	<p>Review: Rules, Forehand Grip and Ready Position</p> <p>Teach: Forehand serving. Short and long Overhead Clears, Underhand clears and Drop shots</p> <p>Games: to practice each shot taught for the day.</p>	<p>Review: Forehand serving. Short and long Overhead Clears, Underhand clears and Drop shots</p> <p>Teach: Smashes, net shots, backhand grip, backhand serves and Introduction to singles play</p> <p>Games: practice each shot and singles matches</p>	<p>Review: Smashes, net shots, backhand grip, backhand serves and Introduction to singles play</p> <p>Teach: Doubles play</p> <p>Games: Singles and doubles tournaments</p> <p>Unit Test</p>

DAY 5	DAY 6	DAY 7	DAY 8