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Intervention

Making A Difference!



STUDENT WORKBOOK

4.1

An Evidence-Based, Abstinence Approach
to Teen Pregnancy, STD and HIV Prevention



SELECT MEDIA

EVIDENCE-BASED EDUCATION & TRAINING



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Making A Difference!



STUDENT WORKBOOK

4.1

Loretta Sweet Jemmott, Ph.D., R.N., F.A.A.N.



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GOALS AND DREAMS TIMELINE

HANDOUT

Instructions:

Starting with your birthday and ending with a day in the future 10 years from now, complete this timeline with important events in your past and in your future.

BIRTHDAY: _____

< ----- >

**FROM AGE 5
TO NOW**

YEAR _____

**5 YEARS
FROM NOW**

YEAR _____

**10 YEARS
FROM NOW**

YEAR _____





YOUR VALENTINE'S DAY GIFT (INEFFECTIVE VERSION)

SCRIPTED ROLE-PLAY

Setting the Stage:

It is Valentine's Day. You and your boyfriend or girlfriend are going out to a movie and dinner. You know that at some point sleeping together will be discussed. Your partner is willing to use condoms, but you're just not ready for any of it. You decide to tell your partner that you want to wait.

Person 1: Happy Valentine's Day, honey! Here is a little something I bought, though I was hoping our gifts to each other would be more than something purchased at a store.

Person 2: Do you mean you were hoping we would sleep together?

Person 1: Yes. You don't have to worry. I have condoms.

Person 2: Oh! You are moving so fast.

Person 1: No, I'm not. We've been dating for a while, I love you and I'm ready.

Person 2: Well, I'm not. I love you, but I'm just not sure.

Person 1: Don't worry, we are using protection, so pregnancy and STDs aren't an issue. After all, it's Valentine's Day and what better gift than to share our love?

Person 2: I just have some doubts... I'm scared.

Person 1: You are always going to be scared, but the important thing is that we love each other.

Person 2: (Reluctantly) I guess so...

They stop talking and begin to sleep together.



Observer Checklist

Pay attention to each skill you see demonstrated in each role-play.

SKILLS	PRESENT?
S - Said "NO"	
Refused to engage in unsafe behavior.	Y/N
* Body Language Said "NO"	Y/N
* Repeated Refusal	Y/N
T - Talked It Out	
Used language that protected the relationship	Y/N
O - Offered an Explanation	Y/N
P - Provided Alternatives	Y/N
* Seemed prepared to leave a potentially unsafe situation	Y/N

YOUR VALENTINE'S DAY GIFT (EFFECTIVE VERSION)

SCRIPTED ROLE-PLAY

Setting the Stage:

It is Valentine's Day. You and your boyfriend or girlfriend are going out to a movie and dinner. You know that at some point sleeping together or sex will be discussed. Your partner is willing to use condoms, but you're just not ready for any of it. You decide to tell your partner that you want to wait.

Person 1: Happy Valentine's Day, honey! Here is a little something I bought, though I was hoping our gifts to each other would be more than something purchased at a store.

Person 2: Do you mean you were hoping we would sleep together?

Person 1: Yes. You don't have to worry. I have condoms.

Person 2: Oh! You are moving way too fast for me.

Person 1: No, I'm not. We've been dating for a while, I love you, and I'm ready.

Person 2: Well, I'm not. I love you, but I'm not ready to sleep with you. I know you are the person that I want to be with, but I also know that I need you to be understanding and patient. I want to sleep with you, but only when I'm absolutely sure—when I'm not scared or in doubt.

Person 1: Well, I don't want to feel like I'm pressuring you to do something you don't want to. It's important that you're sure. So, I guess I'll wait until you are ready.

Person 2: Thanks, for understanding, baby. I love you so much and I'm really glad that you are willing to hold on for a bit.

They kiss and head for the movies.



Observer Checklist

Pay attention to each skill you see demonstrated in each role-play.

SKILLS

PRESENT?

S - Said "NO"

Refused to engage in unsafe behavior.

Y/N

* Body Language Said "NO"

Y/N

* Repeated Refusal

Y/N

T - Talked It Out

Used language that protected the relationship

Y/N

O - Offered an Explanation

Y/N

P - Provided Alternatives

Y/N

* Seemed prepared to leave a potentially unsafe situation

Y/N

JAMAL AND KEISHA — A ROMANCE

HANDOUT

Keisha and Jamal are in the 9th grade. They've been going out for three months. They spend a lot of time together and love each other. They tell each other everything. Jamal and Keisha are best friends.

At first, they decided they didn't want to have sex. They thought they were too young. Keisha wants to save sex for marriage. Jamal knows this and respects Keisha's feelings.

Although they haven't actually made love, they do kiss and touch each other a lot and have gotten close to having sex. Lately, all of Jamal's boys have been talking about having sex. Jamal feels a little jealous and some pressure. He worries that he will be the only virgin among his friends.

Jamal has been putting some pressure on Keisha to have sex, and they've started talking about it more. Jamal is confused. He wants to respect Keisha's decision not to have sex but he no longer wants to wait until marriage.

Their relationship is starting to get a little tense and they are arguing more. Jamal is talking more to other girls and spending less time with Keisha.

Keisha doesn't want to lose Jamal. She talked to a friend about her problem and her friend said, "So what's the big deal? Having sex isn't that big a thing. Everybody is doing it." Keisha knows that isn't true, but sometimes feels like she is the only one who isn't having sex. "Maybe it isn't all that special," she says to herself. "But, then again, maybe it is." She wishes she could talk to her mother about it, but she doesn't know how her mother would react. Keisha feels pretty lost and doesn't know what to do.

Keisha and Jamal still spend some time together. One Saturday night, after a movie, they decide to go back to Keisha's house to talk. When they get to the house, they find out that Keisha's parents have gone to a party and won't be back until much later. So Keisha and Jamal are alone in the house.





JAMAL AND KEISHA

WORKSHEET

Directions: After hearing the story of Jamal and Keisha, answer the first four questions. DO NOT answer questions 5 and 6 until your facilitator tells you to.

1. Describe one important reason that Keisha might not want to have sex.

a. _____

2. Describe two things that Keisha can say or do to delay having sex until she is ready.

a. _____

b. _____

3. Describe one reason that Jamal would be better off waiting until he is older.

a. _____

4. Describe two things Jamal can do to help himself wait until Keisha is ready.

a. _____

b. _____

Do not answer questions 5 and 6 until your facilitator tells you.

5. Describe one reason that YOU might not want to have sex.

a. _____

6. Describe two things that YOU can say or do to delay having sex until you are ready.

a. _____

b. _____





JOLIE AND MALIK CASE STUDY

HANDOUT

Jolie is 13 and Malik is 16. They have been dating for a while. Jolie really likes having an older boyfriend. It makes her look cool and Malik is a lot of fun.

Jolie is very smart. She would like to be a doctor when she grows up.

Malik really likes Jolie. Lately his friends have been teasing him, telling him to make his move to have sex with her. He agrees and begins to pressure her.

When Malik asks Jolie about having sex with him, Jolie doesn't know what to say. She really wants to wait until she's older and maybe even engaged. She is also afraid of getting HIV or getting pregnant. She is turned on by Malik, but is not ready for sex. But what if Malik dumps her or has sex with someone else?

Jolie and Malik are making out on the couch at his house. His parents won't be home for a while. Things begin to get hot and heavy. They both are very sexually excited. How can Jolie avoid having sexual intercourse?



JOLIE AND MALIK CASE STUDY Handout (CONTINUED)

Using STOP, THINK, AND ACT and the questions below, decide what Jolie should do to keep from having sex before she is ready.

STOP:

What can Jolie do to stop?

What can she do to stay calm?

What do you think she is feeling?

What does she think Malik is feeling?

THINK:

What is the problem?

What does Jolie really want to do?

What alternatives can she suggest to Malik?

ACT:

What do you think is Jolie's best choice?

How should she act on that choice?

SEEING THE POSITIVE

WORKSHEET

Circle at least **FIVE** qualities that you think best describe you.

- **Creative**
- **Funny**
- **Thoughtful**
- **Considerate**
- **Healthy**
- **Loving**
- **Grateful**
- **Ambitious**
- **Smart**
- **Attractive**
- **Strong**
- **Athletic**
- **Sensitive**
- **Hard-working**
- **Patient**
- **Responsible**
- **Musical**
- **Moral**
- **Understanding**
- **Honest**
- **Ethical**
- **Caring**
- **Loyal**
- **Kind**
- **Brave**
- **Friendly**
- **Proud**

Other good things not listed but true about you:



NINA NEXT DOOR

PARTIALLY SCRIPTED WORKSHEET

Directions: Even though you are 2 years older than Nina from next door, the two of you have always been close. You've lived next door to each other and have grown up together. Now that you're in high school, you don't see her as often but you are concerned about her. Nina's been dating a guy who is 2 years older than she is and things have been heating up. When she comes over, you decide to bring up the subject with her. Even though her boyfriend may be a nice guy, you know he's had sex before. You're worried that Nina will decide to have sex with him and you think that she's too young. Write down what you would say to her and then act the scene out. Your job is to convince Nina not to have sex with her older boyfriend.

Nina: Hey, my boyfriend thinks that we've reached a point in our relationship where we should have sex. I'm confused about it. Can we talk?

You: _____

Nina: But I feel like I really care about him, I've never had a boyfriend before and I'm afraid he'll find somebody else if I don't have sex with him.

You: _____

Nina: I'm gonna have sex one day, so why not now? A lot of my friends are doing it. What's the harm? He's so fine, I'd hate to miss out.

You: _____

Nina: I know he really cares about me too. He would never let something bad happen to me. He texts me all the time, and look at this bracelet he got me! He says he's never felt this way before, and I'm special to him.

You: _____

Nina: (Write down what Nina decides) _____





CALLING KOKO CALLER #1

HANDOUT

Based on what you've learned so far, let's see what advice you would give someone who has questions or concerns about abstinence and HIV.

In this activity, you will take the role of Koko, who has an AIDS Information Hotline for teenagers called, "Calling Koko".

If you are working in a team, discuss, decide on, and then write down the advice you would give to the caller. Encourage the caller to make a proud and responsible choice. At the end of this activity, we will share what we came up with. If you are working in a team, your final decision should be one that you both can agree on.

Koko:

I've heard on the news that AIDS-related deaths are growing rapidly among African-American men and women. I've also heard that the number of AIDS cases among young people is growing very rapidly. I don't want to take any chances of getting HIV (the virus that causes AIDS). What's the surest way I can keep from getting HIV?

No-Way Warren

Koko's Response to Caller #1:



CALLING KOKO CALLER #2

HANDOUT

Based on what you've learned so far, let's see what advice you would give someone who has questions or concerns about abstinence and HIV.

In this activity, you will take the role of Koko, who has an AIDS Information Hotline for teenagers called, "Calling Koko".

If you are working in a team, discuss, decide on, and then write down the advice you would give to the caller. Encourage the caller to make a proud and responsible choice. At the end of this activity, we will share what we came up with. If you are working in a team, your final decision should be one that you both can agree on.

Dear Koko,

My girlfriend and I have been going out for a year. We really love each other, and both want to have sex. I trust her, but I'm concerned about HIV. My girlfriend and I are both 14 years old and neither one of us has tattoos, and we don't use IV drugs. We've been thinking about having sex, but only with each other. Do we have to worry about AIDS?

– Relationship Raymond

Koko's Response to Caller #2:



CALLING KOKO CALLER #3

HANDOUT

Based on what you've learned so far, let's see what advice you would give someone who has questions or concerns about abstinence and HIV.

In this activity, you will take the role of Koko, who has an AIDS Information Hotline for teenagers called, "Calling Koko".

If you are working in a team, discuss, decide on, and then write down the advice you would give to the caller. Encourage the caller to make a proud and responsible choice. At the end of this activity, we will share what we came up with. If you are working in a team, your final decision should be one that you both can agree on.

Hi Koko,

Five months ago, I had sex with someone for the first time. I didn't really enjoy it, and he never even called me again. Now I have a new boyfriend and he wants me to have sex too. Is it possible that I might have been exposed to HIV when I did it before? Now I'm anxious that I might be infected with HIV. What do I tell my boyfriend? What should I do?

– *Anxious Alex*

Koko's Response to Caller #3:



CALLING KOKO CALLER #4

HANDOUT

Based on what you've learned so far, let's see what advice you would give someone who has questions or concerns about abstinence and HIV.

In this activity, you will take the role of Koko, who has an AIDS Information Hotline for teenagers called, "Calling Koko".

If you are working in a team, discuss, decide on, and then write down the advice you would give to the caller. Encourage the caller to make a proud and responsible choice. At the end of this activity, we will share what we came up with. If you are working in a team, your final decision should be one that you both can agree on.

It's like this Koko,

I am sixteen years old, and my girlfriend and I have never had sex. We do other things, though, including oral sex. We just want to make sure that she doesn't get pregnant. We had never really considered infections or diseases like HIV or AIDS before. But I keep hearing that teens my age are getting diseases. Is oral sex safe? How do we protect ourselves from diseases?

– *Cautious Carmello*

Koko's Response to Caller #4:



CALLING KOKO CALLER #5

HANDOUT

Based on what you've learned so far, let's see what advice you would give someone who has questions or concerns about abstinence and HIV.

In this activity, you will take the role of Koko, who has an AIDS Information Hotline for teenagers called, "Calling Koko".

If you are working in a team, discuss, decide on, and then write down the advice you would give to the caller. Encourage the caller to make a proud and responsible choice. At the end of this activity, we will share what we came up with. If you are working in a team, your final decision should be one that you both can agree on.

What's up, Koko,

I recently found out that a friend of mine is HIV positive and that she's had the virus for years. She's smart, fun to be around, and has been sexual with only two guys her whole life. Now I'm afraid to be with anyone because if someone like her can get HIV, how can I know who's safe and who isn't? If she has HIV, then anyone can. I'm scared to date! What should I do?

– *Distraught Darius*

Koko's Response to Caller #5:





PEER PRESSURE - SCENARIO #1

HANDOUT

Here's a young teen, we'll call him Jerome. He is talking with his friends, people who are important to him. One of his friends is talking about the girl he likes and what he would like to do with her. Jerome is thinking to himself, "I've never really thought about any girl that much. I've got too many other things to do. If I get deeply involved with a girl right now, it might mess up my plans for the future." One of the boys in the group then asks Jerome, "How come you never talk about the girl you like, Jerome? What's the matter with you anyway?"

Jerome says, "Well, girls aren't the most important thing to me right now. I've got so many other interests. I don't have a lot of time to spend with girls right now."

QUESTIONS FOR DISCUSSION

What are some other things Jerome could have said?

How is this peer pressure?

How much influence should your friends have over your behavior?

Why is it important for teens to develop their own beliefs and stick to them?

How does it make you feel to be called names such as chicken by your peers when you don't go along with the crowd?



PEER PRESSURE - SCENARIO #2

HANDOUT

This example of peer pressure involves a boy pressuring a girl. The girl—let's call her Alicia—has gone to the movies for the first time with Derrick, a boy she likes from her class. While they are watching the movie, Derrick tries to hug and kiss Alicia. Alicia does not feel she is ready to do that and pushes him away. Later Derrick says, "What's the matter with you anyway? All those other couples are doing it." She replies, "I just don't want to do that."

QUESTIONS FOR DISCUSSION

What are some other things Alicia could have said?

Why might Alicia find it hard to say no to Derrick if she really likes him?

Why should Derrick not pressure Alicia to get what he wants?

What do you think about a boy who doesn't respect his girlfriend's wishes not to be touched?

What do you think about a girl who gives in when she really doesn't want to be touched?



PEER PRESSURE - SCENARIO #3

HANDOUT

This situation has to do with being pressured to do things in order to be accepted as one of the popular kids. Some boys and girls are talking after school. Kenny wants everyone to come to his house because no one is home. One of the girls, Denise, doesn't want to go because she is afraid they might start doing things she doesn't want to do. She knows Kenny wants to have sex. Kenny says to Denise, "Oh come on. All the popular kids are coming and everybody else is having sex." Denise says, "I don't care who's coming. I'm not. Besides, I know a lot of my friends aren't having sex either."

QUESTIONS FOR DISCUSSION

What are some other things Denise could have said?

What could happen to Denise if she doesn't go?

What could happen to Denise if she does go?

How important is being popular as compared to achieving your goals in life?

What do you think about a girl who gives in when she really doesn't want a sexual relationship?



PEER PRESSURE - SCENARIO #4

HANDOUT

Here's a situation where a young teen—let's call them Erin—wants to have sex with their partner, Morgan. Morgan does not feel ready to have sex. Erin says, "You really turn me on. Come on, why don't we go somewhere where we can be alone and do whatever we want?" Morgan says, "No." Erin then says, "Why not? What's the matter with you anyway?" Morgan says, "I'm just not interested in getting more involved right now."

QUESTIONS FOR DISCUSSION

What are some other things Morgan could have said?

How could Morgan's decision affect the relationship?

What can Morgan do to show Erin that their relationship is very important without having sex?

What is society's attitude toward boys and girls who choose not to have sex while they are teenagers and young adults?

What are some of the reasons Morgan may have chosen not to engage in sexual intercourse?

Why is it hard to say no in sexual situations?



WHILE THEY'RE OUT

SCRIPTED ROLE-PLAY

Setting the Stage:

Your parents are out late. Your boyfriend or girlfriend comes over, hoping to sleep with you. You have kissed each other in the past, but that is as far as you want to go. You don't want to take off any of your clothes. You don't want to have sex. You really just want him or her to stop pressuring you.

Person 1: Why are you stopping now?

Person 2: Because, I can't do this.

Person 1: Yes you can, it's easy. Let me help you unbutton your shirt, baby.

Person 2: No, don't. I really can't do this.

Person 1: Why not? Come on, I love you and I want to sleep with you.

Person 2: I know, but I'm nervous, scared, and just not ready. This is serious and I really don't think I'm ready for this kind of commitment.

Person 1: What commitment? What are you talking about?

Person 2: I'm not ready. At this point, I really don't want to be worrying about STDs, HIV, or something like having a baby. I have other things to be concerned about, like my goals, college, and us. But I need you to understand that "us" can't involve sex, right now. It doesn't mean it never will - I'm just not ready at this point in my life. I hope you can understand that.

Person 1: I can. It makes sense.

They kiss and decide to go to the movies.



Observer Checklist

Pay attention to each skill you see demonstrated in each role-play.

SKILLS	PRESENT?
S - Said "no"	
Refused to engage in unsafe behavior.	Y/N
* Body language said "NO"	Y/N
* Repeated refusal	Y/N
T - Talked it out	
Used language that protected the relationship	Y/N
O - Offered an explanation	Y/N
P - Provided alternatives	Y/N
* Seemed prepared to leave a potentially unsafe situation	Y/N

WHILE THEY'RE OUT

OPEN ROLE-PLAY

Setting the Stage:

Your parents are out late. Your boyfriend or girlfriend comes over, hoping to sleep with you. You have kissed each other in the past - but that's as far as you want to go. You don't want to take off any of your clothes. You don't want to have sex. You really just want him or her to stop pressuring you. Act out what Person 2 would have to say to really show they do not want to have sex.

Person 1: Why are you stopping now?

Person 2:

Person 1: Yes you can, it's easy. Let me help you unbutton your shirt, baby.

Person 2:

Person 1: Why not? Come on, I love you and I want to sleep with you.

Person 2:

Person 1: What commitment? What are you talking about?

Person 2:

Person 1: I can. It makes sense.

They kiss and decide to go to the movies.



Observer Checklist

Pay attention to each skill you see demonstrated in each role-play.

SKILLS	PRESENT?
S - Said "no"	
Refused to engage in unsafe behavior.	Y/N
* Body language said "NO"	Y/N
* Repeated refusal	Y/N
T - Talked it out	
Used language that protected the relationship	Y/N
O - Offered an explanation	Y/N
P - Provided alternatives	Y/N
* Seemed prepared to leave a potentially unsafe situation	Y/N

OBSERVER CHECKLIST

HANDOUT

For each of the role-plays, place a "Y" beside each skill you see demonstrated in each role-play and an "N" beside each skill that is NOT demonstrated.

SKILL	ROLE-PLAY						
	A	B	C	D	E	F	G
S Said "no"							
Refused to engage in unsafe behavior.							
* Body language said "NO"							
* Repeated refusal							
T Talked it out							
Used language that protected the relationship							
O Offered an explanation							
Gave reasons why							
P Provided alternatives							
Suggested something else							
* Seemed prepared to leave a potentially unsafe situation							





ROLE-PLAY A: JAMIE AND TAYLOR

HANDOUT

CONFLICT: Two females; virginity and popularity

OBSERVE: Jamie using S.T.O.P.

(JAMIE and TAYLOR talking)

JAMIE

You have recently transferred to a new school. You are an outgoing, self-confident student with lots of plans for the future. You are eager to find friends at your new school.

You've been dating a young man from your old school. The two of you have decided that you are not ready to have sexual intercourse yet. You are proud of your relationship and the decision the two of you have made about not having sex. You saw him over the weekend and had a really good time.

It's now lunchtime on Monday, and your new friend Taylor has just asked you what happened. You are pretty sure that Taylor and her friends have sex with their partners. At least they talk like they do. You don't want them to make fun of you, but you tell them that you have decided to remain a virgin.

TAYLOR

A new girl, Jamie, has just transferred to your school. She seems okay, so far. She still has some friends and a boyfriend from her old school, but she seems to want to hang out with you and your friends.

You and most of the girls you hang out with are having sex. The girls that do sometimes tease the ones that don't. You know that Jamie saw her boyfriend over the weekend and you're wondering what happened.

It's Monday, now, and Jamie just sat down at the lunch table. After a minute or so, you ask her, "So, did you and your boyfriend do it this weekend?" You try to convince her that just about everyone is having sex and she should too.



ROLE-PLAY B: JUSTICE AND ANGEL

HANDOUT

CONFLICT: If I don't do it, no one will like me

OBSERVE: Justice using S.T.O.P.

(JUSTICE and ANGEL talking)

JUSTICE

You and Angel have been hanging out, like at the movies or the mall downtown, with a group of other friends for about six months. You have a lot of fun together and enjoy each other's company. Sometimes, you like to sit alone and hold hands at the movies.

Lately, Angel has been trying to kiss you and touch you when you go to the movies. You do not want to have sexual intercourse at this point in your life and you told Angel your feelings about it. You don't want to be touched that way and it makes you very uncomfortable. Angel stops when you tell him/her to, but you'll have to have a serious talk about this soon.

You were hoping that you and Angel would go steady, but now you're not so sure. Is it worth going out with Angel if it means being touched in ways that make you uncomfortable? You decide that if Angel cannot respect your feelings enough not to touch you that way, then maybe you should find yourself someone who will respect your feelings.

You've just gotten back from another groping session at the movies and Angel tells you that you have to decide whether you're down to be a couple or what.

ANGEL

You and Justice have been hanging out, like at the movies or the mall downtown, with a group of other friends for about six months. You have a lot of fun together. Sometimes you sit alone and hold hands at the movies. You've kissed a couple of times and once Justice even kissed back.

Your friends have been teasing you about not doing more with Justice. So the last two times you went to the movies together, you tried to kiss and touch Justice more. Justice didn't seem too happy about this, but you didn't want to look stupid in front of your friends and kept trying.

You've just gotten back from another groping session at the movies and you tell Justice that it's time to decide whether or not you're going to be a couple or what.

"Justice, I'm tired of you pushing me away. Are you down to be with me or what?"



ROLE-PLAY C: JESSE AND CHRIS

HANDOUT

CONFLICT: The first date

OBSERVE: Jesse using S.T.O.P.

(JESSE and CHRIS talking)

JESSE

You are very popular at school and you have invited Chris out to a party. Chris seems very excited. You date several different people and you're not trying to have a serious or sexual relationship with anyone right now. You certainly don't expect to fool around on the first date. Besides you have decided to abstain from sex; you have plans for your future and an STD or pregnancy could really get in the way.

At the party, Chris starts to come on to you. You don't know if Chris just wants to kiss and touch or to actually have sex. Either way, Chris is coming on much too strong and it's turning you off. You wonder if this is how every first date is for Chris.

For ten minutes, Chris has been trying to get you upstairs, and is now trying to convince you by saying "You know you want to go up there as much as I do..."

CHRIS

Jesse, who is very popular at your school, has invited you to a party and you are very excited. You know that Jesse's dating several people at once and doesn't have a serious relationship with anyone right now. This is your big chance.

You're afraid that this first date may be the last one if you don't give Jesse a reason to want to keep going out with you. You are prepared to use your body, or even have sex to convince Jesse that you should be a couple. All your friends will be jealous once they know you're going out with one of the most popular people in school.

You're at the party and you have been trying to get Jesse upstairs for the last ten minutes. You don't understand why it's so hard to convince Jesse.

You figured that most people would jump at this opportunity. You decide to try a little harder. You whisper, "You know you want to go up there as much as I do..."



ROLE-PLAY D: DEVON AND JADON

HANDOUT

CONFLICT: Repaying social debts

OBSERVE: Devon Using S.T.O.P.

(JADON and DEVON talking)

DEVON

You and Jadon have been going out for a couple of months. Jadon treats you to pizza and the movies pretty regularly. In the past month, Jadon bought you a couple of presents. You really enjoy all the attention and Jadon is a great kisser.

Last week, Jadon started pressuring you to be more sexual. You like all the things Jadon's done for you, but you don't want to be any more sexual with each other than you already are. You like kissing, hugging, and touching each other. However, you do not want to have vaginal, oral, or anal sex. You have goals and dreams for your future and do not want to risk a sexually transmitted disease, especially HIV, or pregnancy.

Tonight Jadon took you to a rap concert with your older brother and your brother's girlfriend. When you get back to the car, Jadon says, "I know you had a great time tonight. And you like all the stuff I've been giving you. Don't you think you want to give me something in return?"

JADON

You and Devon have been going out for a couple of months. You treat Devon to pizza and the movies pretty regularly. In the past month you bought Devon some gifts as well. You've really been spending a lot of time and money on Devon.

Lately, you've been pressuring Devon to be more sexual with you. Devon seems to like all the things you've been doing. It's time that Devon started being a bit more grateful.

Tonight you took Devon to a rap concert with Devon's older brother and his girlfriend.

When you get back to the car, you turn to Devon and say, "I know you had a great time tonight. And you like all the stuff I've been giving. Don't you think you want to give me something in return?"



ROLE-PLAY E: ALEX AND CASEY

HANDOUT

CONFLICT: Two males; peer pressure to have sex

OBSERVE: Alex using S.T.O.P.

(ALEX and CASEY talking)

ALEX

Your friends, especially Casey, always seem to be talking about having sex with their girlfriends and boyfriends. You assume what they say is true and that makes you feel like almost everyone but you is having sex. They are always teasing you about being a virgin and daring you to have sex with someone...anyone.

You are definitely not ready to have sex, yet. You want the first time to be special with someone you care a lot about, like it was when your cousin fell in love. You even once heard your cousin say that he was glad that he and his girlfriend waited until they finished school first.

Still, you're tired of always being teased by your friends. You want to stand by the choice you made not to have sex, but you don't like being harassed by your friends. It isn't always easy. One day you walk into the gym and Casey says in front of everyone "Here comes the great lover now. I hear people can't give it away to you!"

CASEY

The friends in your group, especially you, always seem to be talking about how much sex they're having with their girlfriends and boyfriends. So you exaggerate the number of times you have had sex. That makes you feel more important or somehow better than those who haven't had sex yet.

You and the others are always teasing Alex about being a virgin and daring him/her to have sex with someone, anyone. Alex gets mad sometimes, but no one seems to care. S/he'd be real upset if s/he knew that you had only had sex a couple of times and it wasn't all that good. But as long as you keep up the act, no one has to know.

When Alex comes into the gym for basketball practice, you say loudly enough for the others to hear, "Here comes the great lover, now. I hear people can't give it away to you!" You want to know what the problem is.



ROLE-PLAY F: REGGIE AND JASMINE

HANDOUT

CONFLICT: Male and female; when he wants to wait

OBSERVE: Reggie using S.T.O.P.

(REGGIE and JASMINE)

REGGIE

You and your girlfriend, Jasmine, have been dating for several months. You like each other a lot and are getting really close. Jasmine has been pushing to be more sexual. She even talks about having sex. You wish she wouldn't try so hard.

You do not want to have sex. You don't want to take the chance of her getting pregnant. Your mother has told you at least fifty times, "Don't bring any babies into my house. I've raised all the children I plan to." You get decent grades and know that a pregnancy could really mess up your chances to go to college one day. You just aren't prepared to take the risk.

The two of you are at your house one day and no one else is home. Jasmine asks to go up to your bedroom. When you tell her that you aren't allowed to have girls in your room, she says, "Oh, come on, your parents will never know."

You have to convince Jasmine that you really care about her, but you don't want to use sex to prove it.

JASMINE

You and your boyfriend, Reggie, have been dating for several months. You like each other a lot and are getting really close. You've been pressuring him to be more sexual lately. You even talked about having sex.

Reggie doesn't seem too eager to have sex with you. You're afraid that he may be losing interest in you. If you could just get him to go to bed with you, you would feel more secure. But he never tries to do any more than kissing and a little touching. Every time he stops your advances, you feel less secure about the relationship and try even harder to have sex with him. He's a good boyfriend. He treats you well and you know that he's going to college one day. You lost your last boyfriend because you wouldn't have sex with him and you don't want to lose Reggie.

The two of you are alone at his house one day and you ask to go up to his bedroom. When he tells you that he's not allowed to have girls in his room, you say, "Oh, come on, your parents will never know."



ROLE-PLAY G: SAM AND PAT

HANDOUT

CONFLICT: Avoiding the set up

OBSERVE: Pat using S.T.O.P.

(SAM and PAT)

SAM

You are in the ninth grade and a star athlete at your school. You believe that most people your age are having sex since they talk a lot about it and brag about how good they are.

You have an interest in Pat who is in the seventh grade. You are older and much more experienced than Pat. Maybe that's why Pat usually goes along with whatever you like to do, though you can't seem to get Pat to be alone with you.

Pat told you on the phone that s/he is baby-sitting for a neighbor tonight, so you decide to go over there. The baby's parents won't be back until after 11:00. It's 8:30 when you ring the doorbell and try to convince Pat to let you in. Pat says, "Sam, I'm glad to see you but I'm not allowed visitors while I'm babysitting. You'll have to leave."

You want to change Pat's mind because once you get in, you can probably talk Pat into doing some of the sexual things you've been wanting to do, especially since you're less likely to get caught tonight.

PAT

You are in the seventh grade and very interested in Sam who is in the ninth grade. Sam's older and much more experienced than you are. You usually go along with whatever Sam likes to do, because you don't want to take the chance that Sam won't like you as much.

You've never had sexual intercourse and you don't plan to start now. You want to wait until you finish high school, maybe even college, before you become sexually involved with someone. You know Sam feels differently about sex. That's why you avoid being alone together for more than five or ten minutes at a time.

You're baby-sitting tonight and just got off the phone with Sam about fifteen minutes ago. Right after you put the baby to sleep, the doorbell rings. It's Sam, who wants to come in for a while. You tell Sam to leave, but s/he is persistent.

"Sam, I'm glad to see you but I'm not allowed visitors while I'm babysitting. You'll have to leave."







