



# Department of Public Health

Monroe County, New York

Adam J. Bello  
County Executive

Michael D. Mendoza, MD, MPH, MS  
Commissioner of Public Health

**Student, teacher or staff member with NO known exposure has a temperature  $>100^{\circ}$  OR exhibits new or unusual symptoms of COVID-19:**

Fever, chills • Shortness of breath • Sore throat • Loss of taste or smell • Headache • Loss of appetite • Cough • Nasal congestion • Nausea, vomiting or diarrhea • Fatigue • Muscle or body aches  
(10/05/21 Update)

**REGARDLESS of vaccination status, individual must stay home or return home. MCDPH strongly recommends the individual seek an assessment from a health care provider to determine appropriate care.**

The following steps are mandated by the New York State Department of Health.

## Alternate diagnosis

Individual can return to school with a note signed by their health care provider explaining the alternate diagnosis.

## COVID-19 PCR/NAAT result is negative:

Individuals can return to school if symptoms are improving and they are fever-free for 24 hours without fever reducing medication.

They must provide a copy of the negative PCR/NAAT\* test result.

## COVID-19 test result is positive:

Individual is placed in isolation by MCDPH.

Individual can return to school after being released from Isolation by MCDPH.

## No test/No alternate diagnosis:

Individual may return to school after at least 10 days have passed since date of first symptoms

AND

Individual's symptoms are improving

AND

Individual is fever-free for at least 24 hours without the use of fever reducing medicines.

\*Rapid antigen tests, including home-based tests, are not acceptable.

111 Westfall Road • Room 950 • Rochester, New York 14620

(585) 753-2991 • fax: (585) 753-5115 • [www.monroecounty.gov](http://www.monroecounty.gov) • e-mail: [mchealth@monroecounty.gov](mailto:mchealth@monroecounty.gov)



# Department of Public Health

Monroe County, New York

**Adam J. Bello**  
County Executive

**Michael D. Mendoza, MD, MPH, MS**  
Commissioner of Public Health

**PreK-12 student, teacher or staff member with proof of full vaccination is exposed to COVID-19. (October 1, 2021)**

**Individual has no symptoms.**

**Individual can remain in school as long as no symptoms develop.**  
AND  
**Individual wears a mask indoors (in and out of school) for 14 days from date of exposure per CDC guidance.**

*Highly recommended: Get a COVID test 3-5 days after exposure per CDC guidance.*

**Individual has a temperature >100° OR develops new or unusual symptoms of COVID-19:**

- Fever, chills
- Shortness of breath
- Sore throat
- Loss of taste or smell
- Headache
- Cough
- Nasal congestion
- Nausea, vomiting or diarrhea
- Fatigue
- Muscle or body aches

**Individual is placed in Quarantine by MCDPH pending COVID test result.**

**COVID-19 test result is positive or NO test:**  
Individual placed in Isolation or Quarantine per MCDPH.

**COVID-19 test (PCR/NAAT) result is negative:** Individual can return to school after being released from Quarantine by MCDPH.

**Individual is released from Isolation by MCDPH.**  
INDIVIDUAL CAN RETURN TO SCHOOL.



# Department of Public Health

Monroe County, New York

Adam J. Bello  
County Executive

Michael D. Mendoza, MD, MPH, MS  
Commissioner of Public Health

**The Monroe County Department of Public Health issues Quarantine Order for K-12 unvaccinated student, teacher or staff member exposed to COVID-19. (October 1, 2021)**



**Individual is symptom free for 10 days from their last contact with the COVID 19 case.**

AND

**Individual is released from quarantine by the Monroe County Department of Public Health.**



**Individual can return to school.**



**While in quarantine, individual has a temperature  $>100^{\circ}$  OR has new or unusual symptoms of COVID-19:**

- Fever, chills
- Shortness of breath
- Sore throat
- Loss of taste or smell
- Headache
- Cough
- Nasal congestion
- Nausea, vomiting or diarrhea
- Fatigue
- Muscle or body aches



**No COVID-19 test or test result is negative:** Individual remains in quarantine for the remainder of the 10 days.

**COVID-19 test result is positive:** Individual is placed in Isolation by the MCDPH.



**Individual is released from Quarantine or Isolation by the MCDPH. INDIVIDUAL CAN RETURN TO SCHOOL.**

## Coronavirus Disease 2019 Testing Basics

You've probably heard a lot about coronavirus disease (COVID-19) testing. If you think you have COVID-19 and need a test, contact your health care provider or [local health department](#) immediately. You can also find a [community testing site](#) in your state, or buy an FDA-authorized at-home test. Some FDA-authorized at-home tests give you results within minutes. Others require you to mail the sample to a lab for analysis.

There are two different types of tests – **diagnostic tests** and **antibody tests**.



**Diagnostic tests can show if you have an active Covid-19 infection** and need to take steps to quarantine or isolate yourself from others. **Molecular** and **antigen tests** are types of diagnostic tests that can detect if you have an active COVID-19 infection. Samples for diagnostic tests are typically collected with a nasal or throat swab, or saliva collected by spitting into a tube.



**Antibody tests look for antibodies in your immune system** produced in response to SARS-CoV-2, the virus that causes COVID-19. **Antibody tests should not be used to diagnose an active COVID-19 infection.** Antibodies can take several days or weeks to develop after you have an infection and may stay in your blood for several weeks or more after recovery. Samples for antibody tests are typically blood from a finger stick, or blood drawn by your doctor or other medical personnel.

|  | MOLECULAR TEST   | ANTIGEN TEST  | ANTIBODY TEST   |
|--|--|---|---|
| <b>Also known as...</b>                    | Diagnostic test, viral test, molecular test, nucleic acid amplification test (NAAT), RT-PCR test, LAMP test  | Diagnostic test, viral test, rapid test   | Serological test, serology, blood test, serology test   |
| <b>How the sample is taken...</b>          | Nasal swabs, either shallow or deep (most tests).<br>Saliva (some tests)   | Nasal or nasopharyngeal swab (most tests)   | Blood from a fingerstick or vein  |
| <b>How long it takes to get results...</b> | Less than an hour (at-home tests and some point-of-care locations), same day (some point-of-care locations) or 1-3 days (tests sent to a lab for processing). Some tests may take longer in some locations, depending on testing capacity. | Some may be very fast (15–30 minutes), depending on the test  | Same day (some point-of-care locations) or 1-3 days (tests sent to a laboratory for processing) |
| <b>Is another test needed...</b>           | Not usually. This type of test is typically highly accurate and usually does not need to be repeated. Some may indicate the need to re-test in certain circumstances.  | Maybe. Positive results are usually highly accurate, but false positives can happen, especially in areas where very few people have the virus. Negative results may need to be confirmed with a molecular test.                           | Sometimes a second antibody test is needed for accurate results.                                |
| <b>What it shows...</b>                    | Diagnoses active COVID-19 infection. (Some tests may also diagnose influenza or other respiratory viruses)   | Diagnoses active COVID-19 infection. (Some tests may also diagnose influenza or other respiratory viruses)  | Shows if you've been infected by the virus that causes COVID-19 in the past                     |
| <b>What it can't do...</b>                 | It cannot show if you ever had COVID-19 or were infected with the virus that causes COVID-19 in the past   | It may not detect an early COVID-19 infection. Your health care provider may order a molecular test if your antigen test shows a negative result, but you have symptoms of COVID-19. It also cannot show if you ever had COVID-19 or were | It cannot diagnose COVID-19 at the time of the test or show that you do not have COVID-19       |

## Diagnostic Tests with Alternative Options

Diagnostic tests are now available with alternative methods and benefits.



- **Rapid, point-of-care** diagnostic tests use a mucus sample from the nose or throat but can be analyzed at the doctor's office or clinic where the sample is collected and results may be available in minutes. These may be molecular or antigen tests.



- **Combination tests** can test for the flu and the coronavirus at the same time. Some can test for many different types of respiratory viruses, including the one that causes COVID-19.



- **Home Collection Test:** sample is collected at home but analyzed in a laboratory

- **Direct to Consumer (DTC) Test:** home collection tests available without a prescription, but the sample is analyzed in a laboratory

- **At-home Testing:** consumer completes sample collection and testing at home

- **Over the Counter (OTC) Test:** consumer completes sample collection and testing at home, without a prescription



- **Saliva tests** allow a patient to spit into a tube rather than get their nose or throat swabbed. Saliva tests may be more comfortable for some people and may be safer

for health care workers who can be farther away during the sample collection.

### Ordering a Test

Many tests, including some home collection and at-home tests, require a prescription or order from a health care provider.



**Prescription Tests** – Health care providers can determine whether you need a test, and ensure you get the most appropriate test and that you know what the results mean. For example, certain tests are authorized only for people suspected of having COVID-19 or for people with COVID-19 symptoms that started within a certain number of days. A health care provider can help determine which test is best for your situation. Prescription-only home collection and at-home tests may require you to answer some questions online so that a health care provider can determine whether to prescribe or order a specific test.



**Non-Prescription Tests** – Some tests are available without a prescription. Home collection and at-home tests available without a prescription may be called “direct-to-consumer” (DTC) or “over-the-counter” (OTC). DTC and OTC tests may be available to purchase at a pharmacy or online, but they may not be available everywhere.

We do not know how long antibodies stay in the body following infection with the virus that causes COVID-19. We do not know if antibodies give you protective immunity against the virus, so results from a serology test should not be used to find out if you have immunity from the virus. The FDA cautions patients against using the results from any serology test as an indication that they can stop taking steps to protect themselves and others, such as stopping social distancing or discontinuing wearing masks.

### Report Adverse Events

The FDA encourages health care professionals and patients to report adverse events or side effects related to the use of COVID-19 tests or other medical products to the FDA's MedWatch Safety Information and Adverse Event Reporting Program:

- Complete and submit the [report online](#) through the FDA's MedWatch website.
- **Download the form** or call 1-800-332-1088 to request a form, then complete and return to the address on the form or submit by fax to 1-800-FDA-0178.