



Approaching Racism with Compassion and Humility - Resources

There is a depth and breadth of resources to assist educators in deepening their own understanding and increasing our capacity to guide thoughtful supports with students. Here are a few to get started.

Online Resources

Teaching Tolerance (tolerance.org) is an established clearing house of resources, lesson construction, and toolkits. They offer a specific focus on Race and Ethnicity including addressing Police Violence.

[Teaching Tolerance: Race & Ethnicity](#)

<https://www.tolerance.org/magazine/publications/speak-up>

The National Child Traumatic Stress Network (nctsn.org) offers a downloadable pdf Addressing Race and Trauma in the Classroom.

<https://www.nctsn.org/resources/addressing-race-and-trauma-classroom-resource-educators>

The National Association of School Psychologists (nasp.org) offers two specific resources for staff and parents/caregivers on this topic.

[Supporting Marginalized Students in Stressful Times: Tips for Educators](#)

[Supporting Vulnerable Students in Stressful Times: Tips for Parents](#)

Center for Racial Justice in Education's mission is to train and empower educators to dismantle patterns of racism and injustice in schools and communities.

<https://centerracialjustice.org/>

Books for Collegial Circles

"How to be an Anti-Racist" by Ibram Kendi

"The New Jim Crow" by Michelle Alexander

"Post Traumatic Slave Syndrome" by Dr. Joy DeGruy

"Automating Inequality" by Virginia Eubanks

"Stamped from the Beginning: The Definitive History of Racist Ideas in America" by Ibram Kendi.

A more brief plain language version "Stamped: Racism, Antiracism, and You" by Ibram Kendi & Jason Reynolds

Podcasts and Conversations

Scene on Radio Podcast: *Seeing White* Series

<https://www.sceneonradio.org/seeing-white/>

Trevor Noah personally reflects on recent events and racism in America

[Trevor Noah video](#)