



March 2018

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Jazlyn Macpherson
Wildcat Times
Correspondent

March 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 B-Day Breakfast: Mini Maple Waffles Lunch: Hamburger	2 C-Day Breakfast: Bagel with Cream Cheese Lunch: Chicken Salad Sandwich	3
4	5 D-Day Breakfast: Mini Maple Waffle Lunch: Meatball Sub	6 A-Day Breakfast: Sausage and Egg on Muffin Lunch: Pizza Crunchers	7 B-Day Breakfast: French Toast Sticks Lunch: Chicken Cheese Flatbread	8 C-Day Breakfast: Turkey Ham and Egg Sandwich Lunch: Chicken and Waffles	9 D-Day Breakfast: Yogurt Parfait Lunch: Egg Salad Sandwich	10
11	12 A-Day Breakfast: French Toast Lunch: Chicken Nuggets	13 B-Day Breakfast: Mini Pancakes Lunch: Turkey and Peperoni Sandwich	14 C-Day Breakfast: Sausage Egg and Cheese Sandwich Lunch: Grilled Chicken Wrap	15 D-Day Breakfast: Waffles Lunch: Egg and Cheese Panini	16 A-Day Breakfast: Bagel with Cream Cheese Lunch: Buffalo Chicken Sandwich	17 St. Patrick's Day
18	19 B-Day Breakfast: Mini Maple Waffles Lunch: popcorn chicken w/ roll	20 C-Day Breakfast: Sausage and Egg on Muffin Lunch: Gordita wrap	21 D-Day Breakfast: Mini Pancakes Lunch: Chicken chili	22 A-Day Breakfast: French Toast Lunch: Grilled cheese	23 B-Day Breakfast: Yogurt Parfait Lunch: baked Tostito scoops Early Dismissal	24
25	26 C-Day Breakfast: French Toast Lunch: Chicken Nuggets w/ Rice	27 D-Day Breakfast: Mini Pancakes Lunch: Stuffed Cheese Sticks	28 A-Day Breakfast: Egg and Cheese Muffin Lunch: Chicken Sandwich	29 B-Day Breakfast: Mini Maple Waffle Lunch: Chicken Salad Sandwich	30 Good Friday No School	

March Monthly Horoscope



Raven Spears
Wildcat Times
Correspondent

Aries (March 21- April 19)

It's the beginning of spring where one is able to do outdoor activity. So all the energy that was locked away in the winter finally has the ability to be set free. Enjoy yourself and be more adventurous.

Taurus (April 20- May 20)

Last month you've been rebellious and quite stubborn verse being angelic. Try to find a middle ground why the balance isn't tipping over to one side.

Gemini (May 21- June 20)

Light breezes are in the air and so should be your personality. Keep those around you entertained and happy. And soon you'll feel the same way.

Cancer (June 21-July 22)

Moody would be an accurate description of you the past month. Maybe you need to relax and think situations through before you make yourself more upset.

Leo (July 23-Aug. 22)

You haven't been yourself lately which causes you to be lacking inspiration. So get out of that rut and go be creative; make something new and beautiful.

Virgo (Aug. 23-Sept. 22)

You should be relieved that the month of love is over. No more worries of commitment and fear of losing that significant other (if you have one). Love is not your priority this month.

Libra (Sept. 23-Oct. 22)

February was your month with your flirtatious habits-working your tail off trying to acquire hearts left and right. So March is perfect to take a load off and relax.

Scorpio (Oct. 23-Nov. 21)

Follow the same path as last month which is to set and accomplish your goals. You're almost there so keep it up and try to reach your personal finish line.

Sagittarius (Nov. 22-Dec. 21)

You've been on a nice streak for a while so I advise you to keep it up. But don't let people take that for granted. Always keep an upper hand on them.

Capricorn (Dec. 22-Jan. 19)

Slowdown from running for a moment and just walk. Take a look around; smell the flowers and hear the birds. There's no need to rush.

Aquarius (Jan. 20-Feb. 18)

You've been feeling extra lonely. During this time, it is best to surround yourself with your closest and most trustworthy friends to try and comfort you so you feel less of an outsider.

Pisces (Feb. 19-March 20)

It's time to let the weight on your shoulders go and just retreat in your imaginary world for some personal time with yourself. You can go back into reality another time.



Dance Fever Denied

March 9, 2018



Deandre Floyd
Wildcat Times
Correspondent

This past February 9th, a dance that had everyone on talking and on their toes was cancelled earlier in the day. And everyone had no idea why.

It has been seven years since Wilson has had a school dance and excitement was mounting for this Valentine's Day spectacular!

Students were dusting off their dancing shoes and Mr. Johnson, DJ for last year's prom, was reprising his role as resident Spin Doctor.

But, on the day of the dance, preparations were all for nothing.

The dance cost was five dollars, starting at seven and ending at nine, but tickets had to be bought before the end of the school day on the 9th.

Filicia Sinclair, Wilson senior and student dance committee member, said the dance was cancelled because no one bought their tickets when they were on sale in the school.

People expected to pay for their tickets at the door, at the start of the dance, but that would not give the dance committee enough time to prepare.

Mrs. Neil-Adams, Wilson teacher and senior class advisor, said, "To put on a dance, we have to reserve a space, have chaperones, buy food... a lot of time, money and planning goes into putting on an event like this. Number of attendees is crucial because proceeds go to the senior class. If students do not attend, the senior class loses money."

The dance committee only sold 44 tickets, and that wasn't enough to pay for the dance.

While lack of ticket sales caused the cancellation, there were many things that could've saved the event. Neil-Adams felt, "the committee didn't do enough work on promoting the dance and selling tickets."

A replacement dance has not been discussed, but the Prom is still coming.

There were advertisements on the walls, announcements, and a buzz around the school... but no dance. Step up Wilson or it could be another seven years before we have a school dance.



Did I do that?

March 9, 2018



Lavasha Perez
Wildcat Times
Correspondent

We all know Mr. Burns as the laid back gym teacher at Wilson but we don't know that, outside of school, he is a nature enthusiast who loves to hunt and be one with mother earth.

What started off as a simple lovers' get away turned into a trip to the hospital.

On February 26th Burns and his girlfriend, Jenny, went on an adventurous skiing trip to Bristol Mountains outside of Canandaigua.

Jenny is an experienced skier, she competed on her high school skiing team but hadn't skied in over twenty years.

For a large portion of the day Burns and his girlfriend were skiing down beginner hills, on the green trails which consisted of slopes with gradual inclines. Burns was tired of the simple slopes and wanted to test their skills on an intermediate level.

Jenny was a bit hesitant at first but, after Burns turned-up his boyish charm, she decided to go along with him to the more difficult slopes on the blue trails.

This is where the trip took a turn for the worse.

Jenny led the way as she effortlessly glided down the slopes as if she had been skiing her whole life.

The slope was very steep so she began to gain more speed than she had bargained for.

She knew that, because of the pace she was going at, she would not be able to stop herself with the ski poles. So her only option was to try and land a fall.

She tried to use her arms to soften the fall but that's what brought about a trip to the emergency room—she broke her right humerus bone.

Burns feels like he's the blame for what happened to his girlfriend.

Now you may wonder, "How is it his fault?"

Well, in all honesty, Burns was the one who convinced her to go down the intermediate slopes and if they had stuck with the beginner slopes this would not have happened.

Luckily Burns has a lovely girlfriend who does not blame him for her fall. Jenny actually took responsibility stating that, "I am an adult and ultimately I chose to go down the slope. No one forced me to."

One lesson that everyone can take away from this story is taking responsibility for your own choices is a fundamental characteristic to have.

So the next time your boyfriend pushes you down a ski slope think, "What Would Jenny do?"



School-to-Prison Pipeline

March 9, 2018



Joseph Digrazio
Wildcat Times
Correspondent

Rochester is not unfamiliar with high crime rates and high poverty. These two in tandem aid in the delay of student education and graduation rates. A crisis called the School-to-Prison Pipeline.

According to the New York Civil Liberties Union, the School to Prison Pipeline. The School to Prison Pipeline is a nationwide system of local, state and federal education and public safety policies that pushes students out of school and into the criminal justice system.

There is a correlation between lack of education and high crime rates in conjunction with high poverty.

Many students who are denied education school for their behaviors are turned to the streets as a means for survival.

Being kicked out of school also effects there living situation as well—repeatedly suspending students will only increase their probabilities of dropping out of school and going to the streets.

The U.S Department of Education, estimates that over 3 million students are suspended every school year in New York State.

Now who's to blame for the cards dealt to the child? Parents who are trying to make ends meet? Or the school who has failed the child of proper guidance and support?

Does it go as high as the policy makers who are passing the laws to allow schools to suspended kids for minor offenses?

Or a system that passes a struggling child on to the next grade?

A lot of times students and parents are blamed for the path they choose but it's not necessarily there fault. A child who grows up in a low income household and grows up in an area with high crime rates and poverty are more likely to follow in the footsteps of the kids before him.

Now if we add repeated suspensions... unfortunately it's a recipe for disaster.

Instead of trying to solve the root of the problem, the system suspends the student at the first sign of confrontation.



Baseball



Filicia Sinclair
Wildcat Times
Correspondent

March 9, 2018

As winter comes to an end and spring approaches, it's now time for the final season of sports for the 2017-18 school year... and the Wilson Magnet High school baseball team is putting in six am offseason workouts to make the team better than ever.

Wildcats Baseball is a team of, "hard workers," as stated by one of the team captains Joseph DeMeyer.

DeMeyer also states that he attends the practices and plans to help motivate his teammates to do their utmost best as much as he can.

With Coach Burke returning for his second season as wildcat skipper, and with the return of several members from last year's team, expectations are high this season with the addition of new, multi-sport athletes.

Joseph DeMeyer, along with Isaac Delorisses-Flores as-well-as underclassmen Duane Henry, Tommy Chen, Jayden Damon, Josh Johnson and Lenny Murell are the returning players and are "great assets that provide a strong foundation for the upcoming season of the wildcats team" said Burke.

Also, the additional senior transfer Jose' Valdez, a captain of the baseball team, and sophomore infielder Julian Dragoone adds both "offensive and defensive weapons to the arsenal," added Burke.

Although Ricky Gamble, Robert Davis, Ricardo Ubinas and Malikk Johnson are first year comers, Burke hopes "they will provide additional speed and fire to this season for the resurgent wildcats."

With all this being said, Coach Burke and the baseball team are working hard during the fall and winter to help the wildcats be in "mid-season form" for the 2018 season.

With the solid base, added fire-power, and the dedicated work put forth during the offseason, the future looks bright for Wildcats Baseball.



Life of the Party

March 9, 2018



Aryca Corprew
Wildcat Times
Correspondent

Many people have talents that they choose to hide it or are reluctant to express.

Ronald Johnson, School Safety Officer here at Wilson, is a DJ—a talent he chooses to share that with us every now and then.

A disc jockey, or DJ, is someone who introduces and plays recorded popular music—particularly on the radio or at a disco (party).

Johnson has DJed for our school prom, talent show, black history month assembly, and even parties upon requests by students.

As a kid, Johnson was always drawn to music. He was involved in two AM radio shows. One show radio show was constructed from home and the other was from Rush Henrietta where he attended school.

Johnson was a professional singer for about five years in a group called Pure Bliss. They were the top singing group on the East Coast and the #1 group out of Rochester.

His love for music, as-well-as his travels throughout the country, prompted Johnson to become a DJ.

Once his hobby, Johnson has been a professional DJ since 1998. The name of his business is *Titan Sounds*, where he is the only black contractor in the city, and has a contract with the City of Rochester.

Johnson describes his job as, "...a way to make people feel good. And it makes me feel good. I like to see people having fun and dancing."

Johnson goes by the name Infamous DJ Red Rum and is usually contacted through Facebook, Twitter, Instagram, and/or via phone.

Over 5,000 pictures are posted to his accounts because he is the most used DJ out of any other service in Rochester. His clientele varies since he does all sorts of parties.

He has three-to-four gigs a week on top of working as a security guard at Wilson Magnet.

His favorite words are "I don't want to brag" but he has had great opportunities come his way. He's made mixes for celebrities and even received offers to be their DJ.

Johnson has made a great career for himself out of a dream he had as a kid.



Be a Healthy Hero

March 9, 2018



Lavasha Perez
Wildcat Times
Correspondent

Over thirty percent of children in the United States are affected by obesity.

Childhood obesity has tripled in the past thirty years. Obesity has been prevalent in young children between the ages of two and five and also has heavily affected young teens in between the ages of sixteen and nineteen.

Socioeconomic status correlates with obesity. Usually lower income communities are exposed to easy access food which is always unhealthy. When you go to low income neighborhoods, you will see fast food restaurants or corner stores on just about every block.

Grocery stores that sell cheaper food like Price Rite and Aldi's are located in low income neighborhoods as well. These stores don't sell the best fresh produce like high end grocery stores such as Whole Foods or Wegmans.

Gena Smith, Wilson's school nurse, expressed that, "There is an increase risk among those in poverty-stricken areas. Prepackaged 'foods' with little nutritional value are more convenient and tend to cost less than real food with real nutrition.

Childhood obesity is a serious issue because seven out of ten kids that suffer from obesity are at risk of suffering from diabetes, heart disease, high cholesterol, and many more diseases. If their eating habits aren't nipped in the bud now they will follow the children to their adulthood.

Socioeconomic status is only one of the many factors that contribute to obesity. Another factor is a child's lack of physical activity. If a child is eating unhealthy eventually those calories are going to catch up to them especially if they aren't burning them off by being active.

When kids are done eating they usually lay down on their phone or play video games. Also less than ten percent of schools require daily physical education for students.

Mrs. Smith also stated, "There is a direct correlation between an increase in screen time, decrease in physical activity and increase in childhood obesity."

Sometimes being a heavier weight is hereditary but there are things that can be done to prevent it. If being overweight runs in a child's genes then their dietary habits should be watched from an early age.

Americans as a whole are the problem. When passing a McDonald's always think about whether you're willing to work off the five hundred and forty calories from the big mac you were going to stop and get.

If the answer is no: keep driving.